

## Burnaby Hospital - Volunteer Opportunities

1. **Pets and Friends:** take your pet to visit patients (pets must be assessed through B.C. Pets & Friends or St. John Ambulance Therapy Dogs programs).
2. **Hearts on the Mend:** if you have experienced a heart condition, share your experiences with patients undergoing heart treatment.
3. **Volunteer Visiting:** provide social and mental stimulation by chatting, playing cards, reading, etc. with patients.
4. **Emergency Department:** act as liaison between patients, their families, visitors and staff. Provide information and assistance to waiting patients
5. **Medical Imaging:** provide a welcoming environment for patients/clients in the Medical Imaging Department.
6. **Wayfinding:** act as an ambassador and source of information to clients and the public at the main entrance.
7. **Fundraising:** (all proceeds are used to enhance patient comfort at Burnaby Hospital)
  - **Gift Shop** - sell items in gift shops to the public, patients and staff
  - **Lotto Booth** - sell government lottery tickets to the public and staff
  - **Thrift Shop** - collect, sort, price, display and sell donated goods in our off-site shop
  - **Quilting, Sewing & Knitting:** create quilts, baby outfits, and other items for sale in our gift shops
8. **Cancer Centre:**
  - **Host/Hostess** - visit with patients, provide refreshments and help create a comfortable environment for clients and families
  - **Oncology Relaxation Clinic**- help present the relaxation class to cancer patients i.e. practising meditation techniques, foot and brow stroking, etc.
9. **Surgical Daycare:** help provide the human touch to day surgery patients and assist staff in meeting patient's needs
10. **Hair Care:** give patients a big lift by shampooing, cutting & styling hair
11. **Library Cart:** provide reading material (books and magazines) to patient rooms and hospital waiting areas
12. **Mental Health:** join in the exercise or other recreational activities to encourage clients to participate and have fun, and create a social atmosphere
13. **Outpatient Clinics:**
  - **Healthy Heart Exercise Class** - act as a resource person for new participants and family members and help setup of cardiac exercise area
  - **Healthy Heart Office Assistant** - help with preparation of educational materials, surveys, etc.
  - **Diabetic Daycare** - assemble patient material/ class booklets; help create posters or other interactive displays
14. **Education Centre:** provide assistance to patients and family members attempting to research medical conditions via computer and literature