

Why do the falls risk assessment?

- | Seniors who have had one fall are at twice the risk of future falls.
- | 90% of hip fractures are due to falls.
- | 40% of long-term care admissions are fall related.

What happens after the clinic?

- | A report about your own personal falls risk analysis, as well as ways to reduce your risk of falls, and fall-related injuries, will be provided to you.
- | A summary of the results will be sent to the family physician.

For Health Professionals

Family doctors and other health professionals are ideally placed to identify those who are at greater risk for falls. Please feel free to refer your geriatric patients to the Falls Prevention Mobile Clinic.

- ✦ To register or for more information, please call: [604-587-7850](tel:604-587-7850) ext. 764836
- ✦ To request a referral form, telephone or email us at: fallsprevention@fraserhealth.ca



Free
with
registration

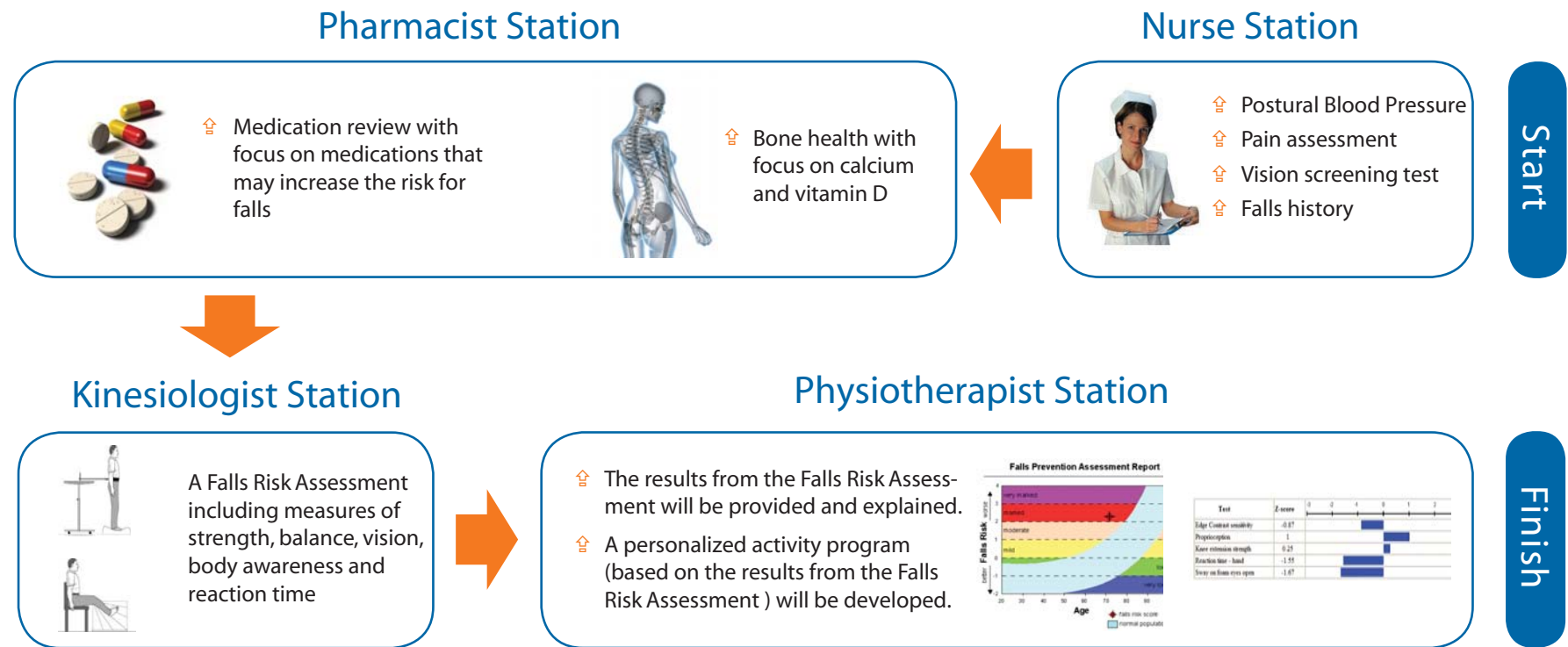
Falls Prevention Mobile Clinic

Nothing is more valuable than your independence... so why risk it?



A multi-disciplinary approach to the prevention of falls and fall-related injuries

Participants will have the opportunity to sit one-on-one with various health professionals for 20-minute sessions (see diagram below). At that time, various aspects of the participant's fall risk status will be assessed and interventions will be discussed. The total time spent at the clinic will be approximately **90 minutes**.



Start

Finish