

This performance improvement plan is for one of the 21 core programs that comprise the provincial initiative to strengthen the public health infrastructure of all health authorities in-line with an evidence based core functions framework.

Fraser Health's practices in the area of food security have been assessed compared to the public health Food Security Core Model Program. The performance plan outlines Fraser Health's plans to further develop its practices to better match this core model program.

Food security has emerged as a key Public Health issue. A key health outcome of food security programming is the creation of a food environment which makes the healthy choice, the easy choice:

"Community food security exists when all citizens obtain a safe, personally acceptable, nutritious diet through a sustainable food system that maximizes healthy choices, community self-reliance and equal access for everyone" (Bellows and Hamm, in Model Core Program for Food Security, 2006).

This broad definition of food security encompasses health issues such as: hunger and food insecurity, chronic disease from over-nutrition (e.g. obesity) or malnutrition (e.g. osteoporosis), and the production and distribution of food that threaten human and ecological health (e.g. CO2 emissions/climate change and contamination of drinking water). These broad issues are the responsibility of many sectors.

Fraser Health's Food Security core model program identifies four key program elements:

- A comprehensive food policy framework that supports strategic planning.
- Promotion and awareness initiatives targeted to staff and public.
- An appropriate array of food security programs and services.
- Surveillance, monitoring and evaluation of food security programs.

Performance Improvement Targets—Create Capacity to support Core Programs such as Food Security and Healthy Living Core Programs

Goal/Outcome	Indicator	Targets	Time Period
<ul style="list-style-type: none"> - To restructure and realign the role of community nutritionists to support the Food Security and other relevant core model programs such as Healthy Living. 	<ul style="list-style-type: none"> - Food Security Program for FH formally defined and recognized. - Position, roles and responsibilities redefined and allocated to support food security and healthy eating/weights. - Transition plan in place to address the shift to the new practice model as described by the evidence based core model programs. 	Program Definition Resources realigned.	November 2007
		Transition plan.	March 2008

Performance Improvement Targets —Food Policy Framework

Goal/Outcome	Indicator	Targets	Time Period
<p>Internal Food Policy</p> <ul style="list-style-type: none"> - To develop internal Fraser Health food policies including a vending machine policy reflecting BC Government Guidelines. - To broadly engage Fraser Health stakeholders on food security initiatives <p>External Food Policy</p> <ul style="list-style-type: none"> - To establish a common policy framework and process for community food policy development. - To broadly engage external stakeholders to work with Fraser Health on food security initiatives 	<p>Internal Food Policy</p> <ul style="list-style-type: none"> - Fraser Health food policy and implementation Plan. - # of Internal departments involved in policy development and implementation - % Hospitals with implemented food policies - % of Fraser Health owned and operated long term care homes with implemented food policies <p>External Food Policy</p> <p>Common policy framework and implementation plan</p>	Approved policy & impl. plan	March 2008
		6 of the Key Stakeholders	September 2007
		50%	March 2010
		50%	March 2010
		Policy framework & impl. plan	October 2008

Performance Improvement Targets –Promotion and Awareness

Goal/Outcome	Indicator	Targets	Time Period
<ul style="list-style-type: none"> - To create an evidence based common framework with external stakeholders for health promotion and awareness around food security. - To create, implement and evaluate a communications plan for Food Security promotion and awareness that targets policy makers such as Health Authority Executive, local governments and school boards. 	- A common framework developed.	Health promotion framework	March 2008
	- Formal HA communication strategy and plan targeting both internal and external stakeholders	Communication Plan	September 2008

Performance Improvement Targets –Programs and Services

Goal/Outcome	Indicator	Targets	Time Period
<ul style="list-style-type: none"> - To establish a consistent process and framework that includes performance indicators and monitoring process across the health authority to develop, facilitate and support initiatives of community partners. 	- Standardized processes and frameworks defined.	Standard process design defined	March 2008
	- Standardized process implemented	Standard process definitions being used throughout HA	June 2009



Performance Improvement Targets —Surveillance and Monitoring

Goal/Outcome	Indicator	Targets	Time Period
<ul style="list-style-type: none"> - To share the findings of “Community Food Security Assessment for Fraser Health” report with the communities. - To report on annual performance improvement indicators outlined. - To develop a comprehensive monitoring surveillance and evaluation plan for food security as part of a health authority wide approach. 	<ul style="list-style-type: none"> - Distribute report to community leaders - Annual report - Comprehensive monitoring, surveillance and evaluation plan for food security 	<ul style="list-style-type: none"> Report disseminated Report Completed plan 	<ul style="list-style-type: none"> June 2007 Annually March 2010