

## Ridge Meadows Hospital Volunteer Opportunities List

Below are examples of volunteer opportunities at (insert site name here). **Not** all of these opportunities have ongoing openings. **For information about current placement openings, please go to [www.govolunteer.ca](http://www.govolunteer.ca) or call 604-466-7911.**

Most programs are **2-4 hours once a week for minimum commitment of 6 months**, unless otherwise indicated. **There are a limited number of evening and weekend placements.** Some program areas require specialized skills, training, or may have waitlists.

**\*\*Note:** Volunteers are **not** recruited for areas such as food services, laundry, housekeeping, laboratory, radiology, pharmacy or paramedics.

Program Area	Volunteer Position	Position Description	Days/Times
<b>Residential Care</b>  <i>**All positions require that you enjoy working with seniors. Some require physical ability to move patients in wheelchairs. **</i>	Adult Day Program	<b>Duties:</b> To offer socialization and companionship to patients and clients, and other non-patient tasks as identified. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality, enjoy working with seniors.	1-2 hours, Mon-Fri 9 am – 2 pm
	All Purpose	<b>Duties:</b> To assist with recreation activities in Residential Care which allow residents to participate in life skills activities. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality, enjoy working with seniors.	2-4 hours, Mon-Sun Various shifts (mostly weekdays)
	Bus Outings	<b>Duties:</b> To assist staff on bus trips, and push residents' and clients' wheelchairs on outings. (Shopping, picnics, tours, special events, etc.) <b>Requirements:</b> Physical able to walk and push wheelchairs, schedule flexibility.	2-4 hours, Tue-Thur
	Code K-9	<b>Duties:</b> With your own dog, visit clients and patients in a specific area to provide socialization and interaction. <b>Requirements:</b> All dogs must be evaluated by a Code K-9 evaluator or by an accredited therapy dog program in BC (e.g. BC Pets & Friends, St. John Ambulance Therapy Dogs). Dogs must have up-to-date vaccinations, be cleaned and well groomed, and have a leash on at all times.	1-2 hours, Mon-Sun Various shifts
	One-to-One Visiting	<b>Duties:</b> To offer socialization, companionship and friendship to residents on a continuing basis. <b>Requirements:</b> Self-motivated, able to work independently, ability to maintain confidentiality, enjoy working with seniors.	2-4 hours, Mon-Sun Various shifts (mostly weekdays)
	Rehabilitation	<b>Duties:</b> To assist Occupational Therapists, Physiotherapists, and/or Rehabilitation Assistants with established programs and related functions. <b>Requirements:</b> Able to work as part of a team, physically able to walk and push wheelchairs.	1.5 hours, Mon-Fri 10-11:30 am
	Tuck Shop	<b>Duties:</b> Provide cashier and customer service in Tuck Shop. <b>Requirements:</b> Cash and customer service experience an asset.	2.5-4 hours, Tues, Thur, Fri
<b>Acute Care</b>	Ambulatory Care	<b>Duties:</b> To offer socialization, diversion and support to the patients undergoing	4 hours, Mon-Fri

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		treatment and the staff in the Ambulatory Care Department. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality.	8 am to 12:30 pm 12:30 pm to 4:00 pm
	Cast Clinic	<b>Duties:</b> To provide support and direction to patients and visitors and act as a liaison between patients and staff. <b>Requirements:</b>	3 hours, Tue & Thur 8:30 to 11:30 am
	Emergency	<b>Duties:</b> To provide support, information and companionship to selected patients and visitors and act as a liaison between patients and staff. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality.	2-4 hours, Mon-Sun Various shifts
	Guardian Angel	<b>Duties:</b> To offer socialization and companionship to patients and clients, and other non-patient tasks as identified. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality.	2-4 hours, Mon-Sun Various shifts
	Wayfinder	<b>Duties:</b> To provide personal, individual attention and direction to persons needing access to the hospital and its services. <b>Requirements:</b> Must be mature, outgoing, motivated individual with exceptional interpersonal skills. Ability to provide direction to others and maintain confidentiality.	2-4 hours, Mon-Sun Various shifts
	2 West/3 North	<b>Duties:</b> To offer socialization and companionship to patients and clients, and other non-patient tasks as identified. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality.	2-4 hours, Mon-Sun Various shifts
<b>Volunteer Program</b>	Fall Volunteer	<b>Duties:</b> To provide friendly, social contact for the patients, residents and clients and assist staff with the activity program or miscellaneous jobs/tasks/projects. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality. Must be between 14 – 18 years old.	2 hours, Mon-Fri 4-6 pm 2 hours, Sat 10 am-12 pm, or 1-3 pm
	Summer Volunteer	<b>Duties:</b> To provide friendly, social contact for the patients, residents and clients and assist staff with the activity program or miscellaneous jobs/tasks/projects. <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; ability to maintain confidentiality. Must be between 14 – 18 years old.	5 hours, Mon-Sat 10 am – 3 pm
<b>Volunteer Resources</b>	Special Projects/Events	<b>Duties:</b> To assist with special projects and/or help organize special events <b>Requirements:</b> Self-motivated, able to work independently and as part of a team; liaise with the public; ability to maintain confidentiality.	As required