



Physical Literacy

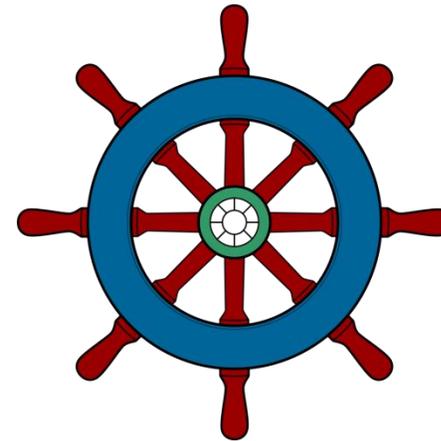
A Community Collaboration



Building a Healthier Community



- All Abilities/All Ages Playground **\$900,000**
- Sport for Life's Physical Literacy program **\$500,000**
- Grants **\$2 million +**



SSWR Healthy Community Steering Committee



**WHITE
ROCK**
City by the Sea!

**CITY OF
SURREY**
the future lives here.

VINE YOUTH CLINIC
VYC

sources
COMMUNITY RESOURCE CENTRES

Partners In
uniti
together we're stronger

Seniors
Health Network



**INNOVATIVE
FITNESS®**



fraser health

Better health. Best in health care.



alexandra
NEIGHBOURHOOD HOUSE



Surrey Schools
LEADERSHIP IN LEARNING

Peace Arch Hospice Society
...a special kind of caring



White Rock-South Surrey
Division of Family Practice
A GPC Initiative

Seniors Come Share Society

STAKEHOLDER PERSPECTIVE

Focus on Seniors



For the HEALTH of it
Seniors Health Fair



Seniors
Resource Pop-
Up Education
Program



Semiahmoo Seniors Planning Table

Physical Literacy is a Community Connector, a Catalyst, and the Solution.



Be the best 80 year old
you can be....



eat better, move more, stress less and love more



The Solution

Bringing community leaders together—to lead

ALIGNMENT OF ALL KEY LEADERS OF THE COMMUNITY



The goal is to develop physical literacy for all ages:
the ability, confidence and motivation to be physically active for life.



Physical literacy

is the...



...to be

 **Sport for Life**

active for life



A physically, socially,
intellectually, mentally, and
emotionally healthy child

BECOMES



A physically, socially,
intellectually, mentally, and
emotionally healthy adult



Physical Literacy Integration

A three phase commitment

PHASE 1: EDUCATE

Facilitating an understanding
and awareness of physical
literacy

PHASE 2: TRAIN

Delivering physical literacy enriched
programs

PHASE 3: MENTOR

Self sustaining physical
literacy for communities.





Physical Literacy

for Communities

Based on years of product and service knowledge, Physical Literacy for Communities provides the foundation and framework for healthy communities.

For more information or to get involved contact:

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