

Workplace Incident or Injury? Fraser Health Employee Steps to Follow

Seek First Aid or Medical Attention!

If you are injured you may be required to seek medical attention for WorkSafeBC to make a decision on your claim.

Follow **all steps** below to help with a timely claim decision and support from Fraser Health Disability Management and WorkSafeBC to assist with your recovery and return to work.



After you have reported your incident/injury to the Provincial Workplace Health Contact Centre (PWHCC), your Fraser Health Disability Management team may contact you if you have an extended absence from work. Fraser Health can support your recovery and may offer modified duties to keep you connected to the workplace.

Use the resource links below to learn more about what to expect after a workplace injury.

Fraser Health:	Absence and Disability Support	Considerations While Off Work	Return to Work Programs (video)
WorkSafeBC:	Workers: How to Report & What to Expect	Return to Work Information	Claims in Special Circumstances (Mental Health, Occupational Disease, Hearing Loss)