

# **BC SUPPORT Unit Fraser Centre**

## **ABOUT US**

Our team, the BC SUPPORT Unit Fraser Centre, offers a number of free services to teams involved in patient-oriented research (POR) and/or knowledge translation (KT) projects in the Fraser region.

POR is research that engages patients as partners, focuses on patient-identified priorities, and is conducted by multidisciplinary teams in partnership with all stakeholders. Anyone with personal experience of a health issue or the health system including informal caregivers, such as family/friends can be a patient partner.

The Fraser Centre, jointly administered by Fraser Health and Simon Fraser University, is one of five regional centres across BC connected to the BC SUPPORT Unit and Michael Smith Health Research BC. There are eleven SUPPORT Units across the country as part of Canada's Strategy for Patient-Oriented Research led by the Canadian Institutes of Health Research.

Our team is ready to support you with POR and KT project and training needs. Our services include:

#### **RESEARCH NAVIGATION**

- We can help direct you to the right resources, services and supports to refine your POR research questions and research design
- We can provide assistance with grant applications and letters of support
- We can connect you to collaborators and knowledge users at Fraser Health, BC SUPPORT Unit, SFU and other Fraser region academic and research institutions

#### TRAINING AND CAPACITY BUILDING

 We offer various workshops and courses including: the Basics of Health Research; Patient-Oriented Research & Team-building; Best Practices for Patient Engagement; and Knowledge Translation 101, and can provide tailored workshops to project teams in these and other related topic areas

#### PATIENT ENGAGEMENT

- We can provide support to develop a patient engagement strategy (e.g. roles, compensation)
- We can provide guidance on recruiting and supporting patient partners on your team
- We can help connect you to community organizations and patient groups

#### **KNOWLEDGE TRANSLATION**

- We can provide support to develop knowledge translation or implementation strategies for funding applications or to apply established evidence
- We can provide ongoing consultations and support for knowledge translation as needed and provide direction in the development of dissemination products

Submit an inquiry form at bcsupportunit.ca or contact us (below) for more information. We look forward to hearing from you.

### Contact us:



frasercentre@healthresearchbc.ca



https://healthresearchbc.ca/bc-support-unit/about-us/



@fraser\_centre







