YOU ARE INVITED TO PARTICIPATE IN A TWO-PART VIRTUAL WORKSHOP

Trauma & Resiliency Informed Practices



March 26th & April 1st (8:30am - 12:00pm) April 9th & April 16th (8:30am - 12:00pm)

About This Virtual Two-Part Workshop

This two-part virtual workshop, via zoom, is intended to build your knowledge and enhance your skills in trauma and resiliency informed research and evaluation practices in response to the effects of individual and collective experiences of trauma

Specific learning outcome include:

- 1. Define what is psychological, social, and ambient trauma and recall different types of trauma that can be experienced in evaluation and research projects.
- 2. Become familiar with the effects of trauma (past and current) for patients, families and service providers that can be activated during research and evaluation activities
- 3. Apply skills and tools to reduce the effects of retraumatization and increase effective patient, family and service provider engagement and safety during evaluation and research projects
- 4. Appraise your own response to distress experienced from trauma and become familiar with compassion led strategies that support your resiliency as an evaluator and/or researcher

Registration Details

This workshop is composed of two parts 3.5 hours each for a total of 7.0 hours of instruction and facilitation time using zoom

PLEASE REGISTER with these links

Part One

https://learninghub.phsa.ca/Courses/24481/traumaresiliency-informed-practice-for-researchers-andevaluators-part-one

Part Two

https://learninghub.phsa.ca/Courses/24482/trau ma-resiliency-informed-practice-for-researchersand-evaluators-part-two

Zoom log in details, presentation slides and participants handouts will be emailed to registrants one hour before virtual workshop begins.



For more information, contact Beverley Pomeroy (she/they), Patient Engagement Specialist, BC Support Unit, Fraser Health, beverley.pomeroy@fraserhealth.ca or Marika Sandrelli (she/her/hers), KE Leader, Fraser Health Mental Health & Substance Use Services marika.sandrelli@fraserhealth.ca