## Indigenous health liaisons can support your health and wellness journey

1-866-766-6960

This is a **confidential voicemail** service that is checked regularly for new referrals. Please speak clearly when leaving your message and call-back number.



fraserhealth.ca/Indigenous

Fraser Health provides care on the traditional, ancestral and unceded territories of the Coast Salish and Nlaka'pamux Nations, and is home to six Métis Chartered Communities.





## Indigenous health liaisons can:

- Help you navigate the health care system
- Support your transition from hospital to home
- Work alongside health care providers to support your decisions with care planning
- Connect you with an Elder or cultural advisor to support cultural practices

Connect you with Indigenous community resources





Scan the QR code to learn more about the Indigenous health liaison program.



