

# Connect with an Indigenous health liaison for cultural support, advocacy and health information.

**1-866-766-6960**

This is a confidential voicemail service that is checked regularly for new referrals. Please speak clearly when leaving your message and call-back number.

[fraserhealth.ca/Indigenous](https://fraserhealth.ca/Indigenous)

Fraser Health provides care on the traditional, ancestral and unceded territories of the Coast Salish and Nlaka'pamux Nations, and is home to six Métis Chartered Communities.



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# Indigenous health liaisons can:

- Help you navigate the health care system
- Support your transition from hospital to home
- Advocate for your choices and decisions in care planning
- Connect you with an Elder or cultural advisor to support cultural practices
- Connect you with mental health and/or substance use services
- Connect you with Indigenous community resources



Scan the QR code to learn more about the Indigenous health liaison program.



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