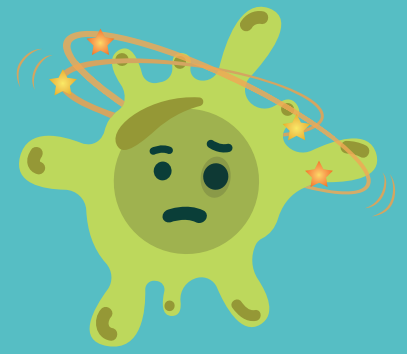


HOW TO BE A GERM FIGHTER

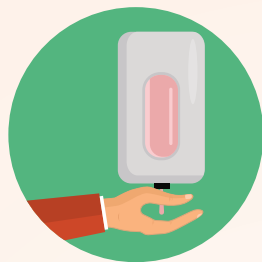


Wash your hands like you just touched



SPLASH

some water
on your hands



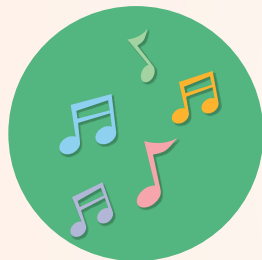
SQUIRT

some soap on



SCRUB

the front and back of
your hands, don't forget
in between your fingers!



SING

Happy Birthday twice
to make sure you
have scrubbed for
20 seconds



SPLASH

some more water
on and rinse
the soap



SOP

up the water by
drying your hands
with paper towel



Cough and sneeze like you're 'dabbing'

Catch your cough or
sneeze in the sleeve of
your elbow, not your
hands. This helps stop
germs from spreading
when people touch
things after they
cough or sneeze.

Stay home if you're not feeling well

And if you notice someone is coughing and sneezing, give yourself a personal bubble and stay about **six feet** (or how long your bed is) away from them.

