

Preparing for your COVID-19 vaccine appointment

To **prepare** for your appointment, you should:

- Read the **COVID-19 Vaccine Health File**. It's available at fraserhealth.ca/vaccine.
- Bring your **BC Services Card/Personal Health Number** and **photo ID**, if you have them.
- Wear a mask and **short-sleeved shirt**.
- Arrive to your appointment **hydrated**. Have something to eat and drink before your appointment.

Need **directions** to your immunization clinic location? You can find Google Maps directions at fraserhealth.ca/vaccineclinics.

Arrive no more than **10 minutes before** your appointment. You can bring one person with you for support. All clinics are wheelchair accessible.

Please **do not attend** if you are feeling unwell, experiencing COVID-19-like **symptoms** (e.g. cough, shortness of breath, fever, chills, headache), or if you have been asked to **self-isolate**.

If you need to **cancel** your appointment, call 1-833-838-2323 and speak to an agent. Book a new appointment when you're well.

Learn more at:
fraserhealth.ca/vaccine