STOP

NOTICE

COVID-19

Important Information

To help support the health and safety of our community we would like to remind you of the following:

- Wash your hands frequently with soap and warm water.
- Cover your cough or sneeze using your elbow.
- For non-medical information about COVID-19 call 1-888-COVID19 or text 1-888-268-4319. Information is available in more than 110 languages.

If you are concerned that you may have symptoms of COVID-19, use the online BC COVID-19 Self Assessment Tool to find out if you should get tested at **fraserhealth.ca/covid19testing.**

Visit fraserhealth.ca/COVID19 to find more information

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