ARE YOU IN NEED OF FOOD OR A MEAL?

Gurdwara

Queensborough: 347 Wood Street
Dine in hot vegetarian meals
Daily**:** 11 am - noon & 5 pm - 7:30 pm

Holy Trinity Cathedral

Downtown: 514 Carnarvon Street
Take away brunch: Saturday 11 am - noon

Lookout with St. Vincent de Paul

Downtown: The Russel Honeymoon Suite, Alexander Street (and Carnarvon)
Meals (Dine in or Take out): Friday's 5 pm - 7:30 pm & 1st /2nd Sunday each month noon - 1 pm

Lower Mainland Purpose Society

Downtown: 40 Begbie Street
Biweekly Food Hamper Program: Call 604.526.2522 for more info.

Quest Food Exchange

New West/Burnaby border: 7753 Sixth Street, Burnaby
Low cost grocery store. Open Monday - Friday 9 am - 5:45 pm and Saturday 9 am to 3:45 pm.
More info at: questoutreach.org **or** Call 604.553.0636 to become a client.

Salvation Army

Uptown: 325 Sixth Street
New clients need to call to register at: 604.521.2421
Food Bank Registered clients: Monday doors open at 12:30 pm
Bread Cart: Tuesday, Wednesday and Thursday 10:00 am - noon & 1:00 pm - 3:00 pm

Union Gospel Mission

Downtown: 658 Clarkson Street
Eat in Lunch: Monday to Friday 11:30 am - 12:30 pm

For more info on food and other available resources visit:
https://www.newwestcity.ca/services/community-and-social-services#food-resources-and-survival-guide

MAY 2026

Don't Go Hungry Food Program

Drop in hamper programs
New West Residents only

West End Hub:
Trinity Presbyterian Church West End
(formerly St. Aidan's)
1320 7th Avenue
Saturday 1:30 pm - 2:30 pm
Sapperton:
New West Community Church
322 Hospital Street
Saturday 1 pm - 1:30 pm
Queensborough:
Queensborough Community Centre
Saturday 12:45 pm - 1:15 pm

St. Barnabas - Shiloh 5th Ave. Food HUB

Grocery Program No registration required
Brow of the Hill: 1010 5th Avenue
Wednesday 1:00 pm - 2:30 pm

AmEnough Society Food Bank Drop-in

Info: 236.627.7288, or Whatsapp 778.680.1178
Queens Park: Sanctuary on 6th 529 Queens Ave
Thursday 1:00 pm - 2:00 pm

Muslim Food Bank

Register online: www.muslimfoodbank.ca
604.464.6750 (Arabic and English)

Greater Vancouver Food Bank

Burnaby Food Distribution Site
8345 Winston Street
See foodbank.bc.ca for depot distribution days and client registration info.
Required: Government issued photo ID, proof of address and care cards or other govt issued ID for family members.