New Westminster

FOOD RESOURCES CALENDAR – Updated for the week of May 18th– 24th

Last update: May 12, 2026

	Monday, May 18	Tuesday, May 19	Wednesday, May 20	Thursday, May 21	Friday, May 22	Saturday, May 23	Sunday, May 24
Lunch	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in** **CLOSED**	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **Holy Trinity Cathedral** 514 Carnarvon Takeout Brunch **11:00am – 12:00pm**	**Gurdwara** 347 Woods Street Dine in hot meal **11:00am – 12:00pm** **St. Vincent de Paul** 740 Carnarvon At the Russel Shelter Via Alexander St. *Dine-in or take-out* First and second Sunday of each month **12:00pm – 1:00pm**
Dinner	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm**	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm**	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm**	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm**	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm** **St. Vincent de Paul** 740 Carnarvon Street At the Russel Shelter Via Alexander Street *Dine in or take-out* **5:00pm – 7:30pm**	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm**	**Gurdwara** 347 Woods Street Dine in hot meal **5:00pm – 7:30pm**

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	Muslim Food Bank – Call or text name and family size to 1-866-248-3868. For more info visit: https://muslimfoodbank.com/surrey-bc/						
Food Hampers and Low Cost Grocery Store	**Salvation Army Surplus Food Bank** 325 6th Street 604-521-2421 (Registered clients – New West & Tri-Cities residents) **12:30pm – doors open** **CLOSED** **Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **CLOSED** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm** **CLOSED**	**Salvation Army Bread Cart** 325 6th Street 604-521-2421 **Buns available at reception** **10:00am – 12:00pm and 1:00pm – 3:00pm** **Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Salvation Army Bread Cart** 325 6th Street 604-521-2421 **Buns available at reception** **10:00am – 12:00pm and 1:00pm – 3:00pm** **Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **St. Barnabas/Shiloh 5th Ave. Churches** 1010 Fifth Avenue Emergency Groceries **1:00pm – 2:30pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Salvation Army Bread Cart** 325 6th Street 604-521-2421 **Buns available at reception** **10:00am – 12:00pm and 1:00pm – 3:00pm** **Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **AmEnough Society** 529 Queens Ave. Food Bank Drop-in 236-627-7288, or via Whatsapp: 778-680-1178 **1:00pm – 2:00pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Salvation Army Surplus Food Bank** 325 6th Street 604-521-2421 (Registered clients – Food Bank Burnaby) **12:30pm – 2:00pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Don't Go Hungry Food Program: St. Aidan's** Food Hampers 1320 7th Avenue **1:30pm – 2:30pm** **Don't Go Hungry Food Program: New West Community Church (NWCC)** Food Hampers 322 Hospital Street **1:00pm – 1:30pm** **CLOSED – May 23rd and May 30th** **Don't Go Hungry Food Program: Queensborough** (Inside Queensborough Community Centre) **12:45pm – 1:15pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 3:45pm**	