

Weekly Schedule

Food Banks:

	MON	TUE	WED	THU	FRI	SAT	SUN
Sources Langley		9:30am-3:30pm	9:30am-3:30pm	9:30am-3:30pm			
Acts of Kindness Hub			2:30pm-4:30pm				
Langley Food Bank	9:30am-2pm		9:30am-2pm		9:30am-2pm		
Aldergrove Food Bank		11:30am-2pm					
Aldergrove Depot				1pm-3pm			
Muslim Food Bank						1st and 3rd Sat of the month 7am-10am	

Community Meals:

	MON	TUE	WED	THU	FRI	SAT	SUN
Gateway of Hope	12:30pm-2:30pm	12:30pm-2:30pm	12:30pm-2:30pm	12:30pm-2:30pm	12:30pm-2:30pm	12:30pm-2:30pm	12:30pm-2:30pm
Nightshift Ministries	7pm-8pm	7pm-8pm	7pm-8pm	7pm-8pm			
Seniors Resource Centre	9am-1pm	9am-1pm	9am-1pm	9am-1pm	9am-1pm		
Lower Fraser Valley Aboriginal Society (LFFVAS)		11:30am-2pm		4:30pm-6pm			
St. Dunstan's Anglican Church				5pm-5:30pm			

Grocery and Meal Delivery:

	MON	TUE	WED	THU	FRI	SAT	SUN
Langley Meals on Wheels	11:30am-1:30pm	11:30am-1:30pm	11:30am-1:30pm	11:30am-1:30pm	11:30am-1:30pm		
Home from the Hospital	11:30am-1:30pm	11:30am-1:30pm	11:30am-1:30pm	11:30am-1:30pm	11:30am-1:30pm		
Better Meals			Aldergrove, Langley and Fort Langley delivery				
Aldergrove/Abbotsford Blue Bus							3:30-5:30pm (alternating between Aldergrove and Abbotsford)
Heathy Living Bag		First Tuesday of every month 11am-8pm					

Free and Low-cost Food Programs in Langley and Aldergrove





Langley Meals on Wheels

- 📞 604-533-1679
- 📍 20955 Old Yale Road, Langley
- 💰 \$7.50 for Frozen & Hot Meal; \$4.00 for Sandwiches
- 📅 Mon-Fri 11am-1pm

Home from the Hospital

- 📞 604-533-1679
- 📍 20955 Old Yale Road, Langley
- 💰 Free (10 days post hospital discharge)
- 📅 Mon-Fri 11am-1pm

Aldergrove/Abbotsford Blue Bus

- 📞 604-728-7551 💰 Free
- 📍 2978 272nd street, Aldergrove
- 📅 Sun 3:30pm-5:30pm (alternating between Aldergrove and Abbotsford)

Better Meals

- 📞 604-299-1877
- 📍 5742 Beresford Street, Burnaby
- 💰 \$9.75 - regular meal; \$10.75 - ↓ sodium, diabetic, minced diets \$8-9 - stand-alone meals
- 📅 Wed

Healthy Living Bus

- 📞 604-533-1679
- 📍 Timms Community Centre (20399 Douglas Crescent Langley)
- 💰 \$6 per bag of fruits and vegetables
- 📅 First Tue of every month 11am-8pm

Gateway of Hope

- 📞 604-514-7375
- 📍 5787 Langley Bypass, Langley
- 💰 Free
- 📅 Mon-Sun 12:30pm-1:30pm

Nightshift Ministries

- 📞 604-953-1114
- 📍 Parking lot of Vineyard Church 5708 Glover Rd, Langley
- 💰 Free
- 📅 Mon-Thurs 7pm-8pm

Lower Fraser Valley Aboriginal Society (LFVAS)

- 📞 604-427-2664
- 📍 Parking lot of Vineyard Church 5708 Glover Rd, Langley
- Free
- 💰 Fri 4:30pm-6:00pm
- 📅 Bagged Lunches Monday to Friday 11am - 1:00 pm

Seniors Resource Centre

- 📞 604-530-3020
- 📍 20605 - 51B Avenue, Langley
- 💰 Meals-to-go: \$7-8 Other foods: \$3-16
- 📅 Mon-Fri 9am-1pm

St. Dunstan's Anglican Church

- 📞 604-856-5393
- 📍 53025 264 St, Aldergrove
- 💰 Free/ by donation
- 📅 Thu 5pm-5:30pm (pick-up only)

Sources Langley

- 📞 604-532-5290
- 📍 #208 - 20445 62 Ave, Langley
- 📅 Tue 9:30am-3:30pm | Wed 10am-6pm | Thu 10am-2pm

Acts of Kindness Hub

- 📞 604-514-8335
- 📍 23589 Old Yale Road, Langley
- 📅 Wed 2:30pm-4:30pm

Langley Food Bank

- 📞 604-533-0671
- 📍 5768 203 Street, Langley
- 📅 Mon, Wed, Fri 9:30am-2pm

Aldergrove Food Bank

- 📞 604-857-1671
- 📍 27524 Fraser Hwy, Aldergrove
- 📅 Tue 11:30am-2pm

Aldergrove Depot

- 📞 604-532-5290
- 📍 Aldergrove Community Station House (2900 272 St, Aldergrove)
- 📅 Thu 1pm-3pm

Muslim Food Bank

- 📞 866-248-3868 ext 1
- 📍 104-12941 115 Avenue, Surrey
- 📅 1st and 3rd Sat of the month, 7am-10am