

*Audits & More: A Nutrition and Food Service Audit Manual for Adult Residential Care Facilities  
With 25 or more Persons in Care (revised 2008)*

This information is provided to help you to adjust the information in the Audits & More manual to fit the nutrition requirements in the new Residential Care Regulation (effective October 1, 2009).

The new Residential Care Regulation can be viewed at: [www.health.gov.bc.ca/ccf/legislation](http://www.health.gov.bc.ca/ccf/legislation).

### Adjustments:

#### 1. Nutrition Care Plan (NCP) development timelines

- On Page 13, 14, 17, 24, 26, 27, and 129

“2 weeks” is described as the timeline within which the initial NCP must be developed.

Change: It should read on all pages that the timeline is “30 days” for the development of the NCP.

#### 2. Nutrition Care Plan (NCP) Reviewing timelines

- On Pages 13, 16, 24, 26, and 129

“14 weeks” is described as the timeline within which the NCP must be reviewed.

Change: It should read on all of those pages that the timeline for review of an NCP is “*at least annually if there is no substantial changes to the circumstances of the person in care (PIC)*” and should read in all places: “*at least once per year if no substantial changes in circumstances of PIC*”.

#### 3. Snacks/nourishments

- On pages 35, 64, 76, 84, 136, and 138

“At least 1 food group” is listed as being provided as a snack and that “1 snack must be in the evening”.

Change: It should read that, “*at least 2 food groups are provided as a snack*”. The requirement for 1 snack to be provided in the evening has been removed.

#### 4. Registered Dietitian (RD) involvement

- On pages 24, 26, and 129

It states that the NCP is “completed by the RD”.

Change: It should read that the NCP is “*developed with the assistance of the RD*”.

#### 5. Posting of the Menu

- On pages 104 and 141

It states that the “menu is posted in the dining area”.

Change: It should read that the “*weekly menu is posted in each dining area*”.