

## **IC5: 0400 Gowns**

### **1.0 STANDARD**

All staff shall wear long-sleeved gowns when it is likely that clothing may be soiled with body substances including blood, body fluids secretions or excretions and when indicated by precautions cards.

Gowns are single-use and must be changed between residents

### **2.0 DEFINITION**

- Gowns may be made of cloth or disposable paper
- Gowns should have long sleeves with elastic or knitted cuffs
- Gowns should wrap around the body and secure in the back
- Wet gowns should be removed immediately to prevent the passage of microorganisms through the fabric

### **3.0 PROCEDURE**

#### **3.1 All Staff shall:**

- Put on gown before entering the resident's room, environment or starting the task
  - Perform hand hygiene
  - Tie gown strings at neck; avoid touching hair
  - Tie other strings
  - The cuffs of the gown should be covered by the gloves
- Remove the garment prior to leaving the resident's room or environment:
  - Remove gloves prior to removing gown
  - Untie neck strings; avoid touching hair
  - Untie other strings
  - Retract hand back into sleeve then using the hand in the sleeve, retract the other hand
  - Perform hand hygiene
- Remove the gown inside out, roll it up and place in hamper, or garbage

- Non-disposable gowns are laundered as per facility procedure.

#### **4.0 REFERENCES**

Public Health Agency of Canada (PHAC). Routine practices and additional precautions for preventing the transmission of infection in health care settings. 2012

Provincial Infectious Diseases Advisory Committee (PIDAC). Routine practices and additional precautions in all health care settings, 3rd edition. 2012