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## Developmental Disabilities Mental Health Services Adult Referral Form

<b>REFERRER DETAILS:</b>	
Name of Referral Source & Agency:	Referral Date:
	Phone:
Relationship to the Client:	Fax/Email:

<b>CLIENT INFORMATION:</b>		
Surname:	Given Name(s):	Preferred Name:
Personal Health Number (PHN):	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Other/Unknown	DOB: (dd/mm/yy)
Address (include postal code):		Primary Phone:
Email Address:		Alternate Phone:
Primary Language:		Translator Required: <input type="checkbox"/> Yes <input type="checkbox"/> No

<b>SUPPORT NETWORK:</b>			
Primary Contact:	Relationship: (role, agency)	Phone:	Alternate: (email/phone)
Next of Kin: <input type="checkbox"/> Same as above	Relationship:	Phone:	Alternate: (email/phone)
Primary Health Care Provider (GP/NP): (if different than referrer)		Phone:	Fax:
Specialist Involvement: (i.e. psychiatrist, neurology, metabolic etc)		Phone:	Fax:
Other Service Providers: (i.e. day program, behavioural, counselor, agency, PGT)		Phone:	Fax:

<b>LEGAL DECISION MAKING: (*Please attach a copy of the legal documentation, if applicable)</b>			
Is the client aware of this referral? <input type="checkbox"/> Yes <input type="checkbox"/> No		Is the client's family aware of this referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Is there a Substitute Decision Maker, Representative, or Committee of Person who makes health care decisions on behalf of the client? <input type="checkbox"/> Yes <input type="checkbox"/> Unsure <input type="checkbox"/> No (client is their own decision maker)			
If Yes, Name of Decision Maker:	Relationship:	Phone:	Alternate Contact:

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### REFERRAL DETAILS \*(Please attach any available history or assessments)

Presenting Problems: (Please describe the current symptoms of mental illness. Include substance use, suicide risk, and risk of aggression)

Services Requested/Desired Outcome:

Current Concerns (within past 3 months):

	Yes	No	Unsure		Yes	No	Unsure
Disturbed Sleep				Behaviour Changes			
Appetite Changes				Verbal Aggression			
Mood Changes				Physical Aggression			
Suicidal Thoughts				Self-Harm			
Psychosis				Frequent Hospitalizations			
Change in Energy				Change in Concentration			
Safety Issues				Medication Side Effect			
Alcohol/Drug Use				Other:			

### Send Completed Referrals to:

L50 – 4946 Canada Way, Burnaby, BC, V5G 4H7  
TEL: (604) 918-7540 FAX: (604) 918-7550

Burnaby, New Westminster, Tri-Cities, Maple Ridge, Vancouver,  
Richmond, North Shore to Pemberton & the Sunshine Coast

#207 – 2248 Elgin Ave, Port Coquitlam, BC, V3C 2B2  
TEL: (604) 777-8475 FAX: (604) 461-2189

Abbotsford, Agassiz, Chilliwack, Hope, Mission, Langley  
Delta, Surrey, White Rock, Tsawwassen, Ladner, Aldergrove

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### Who Can Refer?

DDMHS has an open referral system for adults (aged 19+), which means that anyone can refer. Referrals do not need to come through a health care provider.

### Mandate:

The mandate of Developmental Disabilities Mental Health Services is to provide short-term specialized mental health services for individuals who live with co-existing developmental disabilities and a mental illness, and/ or challenging behaviors.

### Instructions for Completing this Referral:

Please complete pages 1 and 2 of the referral form in full, and print clearly. An incomplete referral may result in a delays to the client being seen.

To ensure timely processing, please FAX the completed referral form (pages 1 and 2) and all supporting information to the correct office (listed on page 2 of the referral form).

Please note: DDMHS is a specialized team, and our screening and intake process is thorough. This may take time, as we collect the necessary information related to the referral.

The client and/or primary contact person will be contacted directly to discuss eligibility and service needs. Both the primary care health provider and client will be notified directly of the outcome of this referral.

### Eligibility Criteria:

- Must have a diagnosis of developmental disability (DSM criteria) with an IQ under 70. Previous Psychological or Psycho-educational Assessment, which indicates the clients FSIQ may be required (\*see note below).
- Client is 19 years of age or older.
- Confirmed or suspected mental illness and/or challenging behaviours requiring treatment.
- Client is requiring a consultation and/or assessment.

\*Please Note: A psychological assessment is not required for the purpose of establishing eligibility for individuals currently receiving services from Community Living British Columbia (CLBC). However, psychological assessments provide valuable information and better inform the assessment and treatment process. Please send a copy, if available.

### The following referrals will not be accepted:

- Client is not experiencing an exacerbation of mental health symptoms and/or behavioural concerns.
- Clients seeking counselling as their only resource.
- Client seeking residential, vocational, or life skills supports (Refer to CLBC).
- CLBC eligible clients who fall under the Personal Supports Initiative (PSI) (Refer to CLBC).
- Clients seeking Autism or Fetal Alcohol Spectrum Disorder diagnosis.
- Clients seeking a Psychological or Psycho-Educational Assessment.
- Clients in remission seeking long term monitoring.

*Please note: In accordance with Section 34 of B.C.'s Freedom of information and Protection of Privacy Act (FIPPA), this information is being requested in order to provide direct care and services, and as such, written and signed consent may not be required.*