

DRUG ALERT

Multiple samples of **Crack Cocaine** tested **positive for fentanyl** in **New Westminster**.



IF SOMEONE OVERDOSES:

CALL 9-1-1 AND STAY WITH THEM



GIVE 1 BREATH EVERY 5 SECONDS



GIVE NALOXONE

Please look out for each other.

TIPS FOR SAFER DRUG USE



Explore with service providers options for witnessing consumption (episodic OPS) and local Overdose Prevention Sites



Stagger use with friends so someone can respond if needed

Longer monitoring will be needed

Watch for changes in respiratory rate when not comp



Start low go slow

Take a small amount, wait and see how it feels



If using alone

- Let someone know and ask them to check on you
- Download the Lifeguard or BeSafe apps (available on Apple/Android)
- Call the National Overdose Response Service: 1-888-688-6677 if no cell data



Mixing substances increases risk of overdose

This includes alcohol and prescription drugs



Find local harm reduction services

<https://towardtheheart.com/site-finder>



Get your drugs checked

<https://www.fraserhealth.ca/drugchecking> or
<https://getyourdrugstested.com/>



Carry Naloxone

Visit www.naloxonetraining.com for a training refresher

