

## STANDARD OPERATING PROCEDURES FOR LASER HAIR REMOVAL

**Health Protection** 















## INFECTION CONTROL REQUIREMENTS Y N N/A N N/A Hands are washed before and after each Client's skin is examined prior to laser use. Laser client/treatment treatment not provided on broken, infected or irritated skin. Protective eyewear is high level disinfected after Towels laundered after each client each client LASER DEVICE & PROTECTIVE EYE WEAR N N/A Y N N/A An emergency shut off switch is available to the Protective eyewear worn by operator(s) and client when the laser is on operator Protective eyewear labeled with the same Laser is disabled when not in use wavelength as the laser and an OD (optical Switch that controls patient exposure must be density) of 5 or higher guarded or require two simultaneous actions, such Protective eyewear is maintained in good condition as a foot peddle depression and hand trigger LASER TREATMENT CONTROLLED AREA Y N N/A Y N N/A Laser is located in a separate room with a Reflective items (e.g. jewelry, mirrors) are covered/absent in the treatment area closeable door Laser warning signs are posted at the entries Transparent windows and openings are covered Only trained and authorized persons with personal Adequate air evacuation/filtering for removal of toxic gases, vapours and viruses provided when protective equipment operate lasers in this area using a Class 4 laser

## SANITATION & MAINTENANCE

Y N N/A		Y N N/A	
	Treatment room(s) clean, tidy, free of clutter and well lit		Work surfaces covered with a clean, single-use covering (e.g. towel) during each client service
	Work contact surfaces cleaned and disinfected with a low level disinfectant after each client (e.g. 1:500 diluted bleach to water solution)		Instruments stored in a clean, covered container when not in use

## **GENERAL REQUIREMENTS**

Y N N/A		Υ	N	N/A	
	All surfaces are constructed of smooth, non absorbent and non porous material				Premises equipped with a sink(s) for cleaning of equipment/instruments
	Required supplies for service are available and within easy reach				Operators have laser safety training
			Operators follow operating procedures as per		
	Handwash sink(s) located near the work area(s)				manufacturers instructions
	Handwash sink(s) supplied with hot and cold running water, liquid soap in a dispenser and single-use hand towels				

Table 1: List of Disinfectants Used				
	Low Level Disinfectant	Intermediate Level Disinfectant	High Level Disinfectant	Sterilization Method
Trade Name				
Active Ingredient				
Minimum Contact Time				
Trade Name				
Active Ingredient				
Minimum Contact Time				

Table 2: Disinfection Levels & Examples of Commonly Used Product Trade Names			
Level of Sterilization or Disinfection	Examples of Trade Names		
Sterilization	Statim Autoclave; Prestige Autoclave; Pelton and Crane Autoclave; MDT Chemiclave		
High-Level Disinfection	Cidex OPA, MetriCide, Accel CS 20 7%, Rapicide PA, Steris 20, Steris Resert, HLD 5, Optim CS 20, Sporox, 6.15% Ultra Clorox Professional bleach (5000 ppm)		
Intermediate-Level Disinfection	BioMERS, BioSURF, BM-6400,Instrubex-E, SEPTeFX, tbMinuteman, T36 Disinfex, AccelTB 5.25-6.15% household bleach (1000ppm)		
Low-Level Disinfection	Barbicide, Marvicide, Zepamine-A, Environ™ LpH™, Lysol chemicals, Virox 5 concentrate, Carpe Diem, Supergermiphene, Quat based antiseptic towelettes, Virox 5, Accel Surface cleaner, Germicide-3 Disinfectant Cleaner, Cavicide, BioTEXT, Gamut Plus, 7D TEXT 5.25-6.15% household bleach (100ppm)		

Source: Guidelines for Personal Service Establishments – July 2012 Health Protection Branch, Ministry of Health

Table 3: Preparing Household Bleach as a Disinfectant			
Disinfection Level Required	When to Use	*How to Mix Bleach Solution	
HIGH LEVEL 1:10 dilution of bleach**	SEMI-CRITICAL Instrument/equipment that comes into contact with non-	100 ml bleach with 900 ml water; makes one liter of solution	
(1 part bleach: 9 parts water) ≥ 5000 ppm	intact skin or mucous membrane but ordinarily does not penetrate it	Or	
Must have DIN and indicate HLD on label.	<b>Note:</b> Also used to clean surfaces following contact with blood or body fluids or where sterilization is not possible.	½ cup. bleach with 4 cups water	
INTERMEDIATE LEVEL 1:50 dilution of bleach**	SOME NON-CRITICAL Instrument/equipment that, during routine use, only contact	20 ml bleach with 980 ml water makes one liter of solution	
(1 part bleach: 49 parts water) ≥ 1000 ppm	intact skin, but may accidentally contact non-intact skin or receive blood or bodily fluid splatter	Or	
_ 1000 pp	reserve blood of bodily hald optation	4 tsp. bleach with 4 cups water	
LOW LEVEL	NON-CRITICAL	5 ml bleach with 2 1/2 L water	
1:500 dilution of bleach** (1 part bleach: 499 parts water)	Instrument/equipment that does not directly contact the client or that contacts only intact skin during routine use	Or	
≥ 100 ppm	Note: These items do not contact blood or body fluids. May be used for routine housekeeping.	1 tsp. bleach with 10 cups water	

Source: Guidelines for Personal Service Establishments – July 2012 Health Protection Branch, Ministry of Health

Table 4: Disinfection/Sterilization Levels For Common Laser Hair Removal Instruments/Equipment				
*Single-Use Disposable Items Discard after Use Low-Level Disinfection for Non-critical Item(s		Intermediate- Level Disinfection for Non-critical Item(s)	High-Level Disinfection for Semi-critical Item(s)	Sterilization for Critical Item(s)
	Treatment beds; client chairs; benches; table; neck & arm rests	Laser wand	Eye goggles	Tips exposed to blood

Source: Guidelines for Personal Service Establishments – July 2012 Health Protection Branch, Ministry of Health

Additional Notes:	