# Health & Safety Rules for Pools

### **Before entering our pool YOU MUST:**

- Ensure that you are not ill, including diarrhea, vomiting, open sore(s), bandages, head colds, discharging ears or noses, or ear infections. Remain out of the pool until 48 hours after symptoms stop.
- Take a cleansing shower
- Wear clean and appropriate bathing attire
- Ensure infants and toddlers wear swim diapers and/or elastic swim pants

## When in our pool YOU MUST NOT:

- Contaminate or foul the pool (e.g. urinate / defecate)
- Run, fight, or engage in any activities that may cause an injury
- Dive into the pool, except in designated areas
- Bring glass into the pool area
- Use or be under the influence of alcohol or other intoxicants

## **Supervision of CHILDREN:**

- All children less than 7 years of age must be closely supervised (within arm's reach at all times) by a responsible person who is at least 16 years of age
- Ensure one responsible person who is at least 16 years of age supervises a maximum of 3 children who are less than 7 years of age

### Please REPORT to the pool manager or lifeguard:

•	Any injury	suffered	while in	the pool	enclosure	
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Any contamination or fouling (e.g. urination or defecation) of the				
Pool Manager Contact:				
Phone Number:				