

Social Prescribing

Community Resources to
Support Older Adults' Quality of Life



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We recognize that Fraser Health provides care on the traditional, ancestral and unceded territories of the Coast Salish and Nlaka'pamux Nations, and is home to six Metis Chartered Communities

Social Prescribing Collaboration



- Shannon, Margaret
- Social Prescribing Team
- Healthcare providers

- Social Prescribing Program
- Seniors Community Connectors
- BC211

Why Social Prescribing ?

To support patients: delay and prevent frailty

- Aging population
- Aging \neq Frailty
- Early identification of frailty with appropriate interventions
= less adverse outcomes
- Community connectedness and social supports are important factors in preventing frailty

To support you: increase your capacity



What is Social Prescribing ?

acute care
hospital

primary care
clinics

assisted
living CHN

community

virtual care



Healthcare
provider



65+



Seniors
Community
Connector
(SCC)




Intake
and
Tailored
wellness
plan



Who is Seniors Community Connector

- **10** Seniors Community Connectors (SCCs) in FH region
- 1 in each city

SCCs are

- NOT healthcare providers
 - NOT FHA employee
 - Funded by United Way BC & belong to their local community organizations
 - Diverse background/training: SW, Nurses, previous volunteers...
- 

How can Social Prescribing Help?



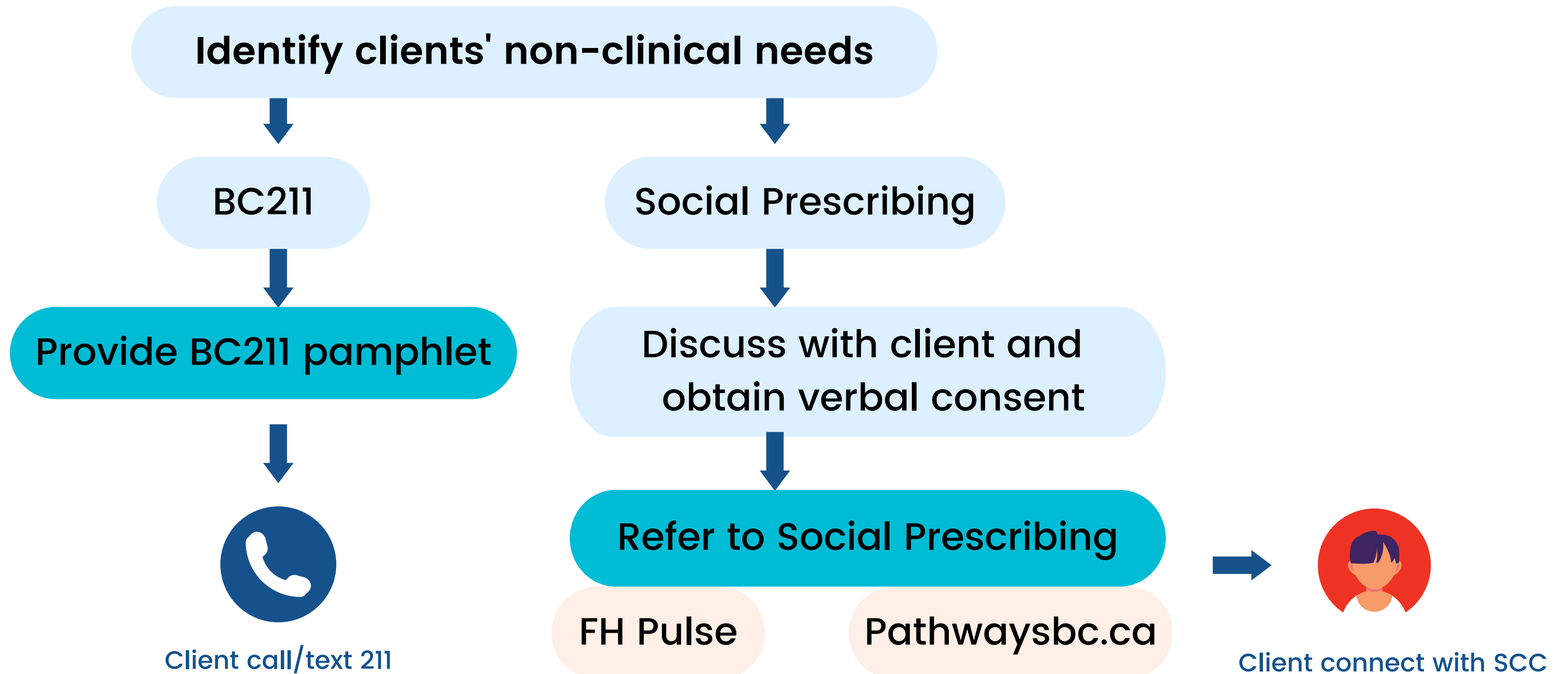
Who is referring to Social Prescribing

Every healthcare provider can refer & patient self-refer

- Community
- Acute Care
- FH Assisted Living Sites
- Virtual Care
- Seniors Clinics
- New Canadian Clinics
- UPCC



How can you help?



BC211 or Social Prescribing?

BC211

- Anyone
- Needing information on community resources

AND

- can navigate themselves or has a support system to help them navigate

Social Prescribing

- Older adults
- Needing a tailored wellness plan and able/support system to participate in the development of this plan

AND

- unable to navigate non clinical services by themselves
- OR do not have an existing/ reliable support system
- OR are isolated

Resources

- Referral Guide
- [Referral Form \(FHA Pulse\)](#)
- (If non-FHA providers, please use [Pathwaysbc.ca](https://pathwaysbc.ca))

- [Social Prescribing Info Card](#)
- [BC211 Pamphlet](#)
- [Social Prescribing Poster](#)
- [BC211 Poster](#)

On FHA Patient Education Catalogue,
everyone can access
In English, Chinese, Punjabi
Click to go to link

Resources (QR Code)

Social Prescribing Poster



Social Prescribing Info Card



BC211 Poster



BC211 Pamphlet



Key Messages about Social Prescribing for Referrers

Feb 6, 2023

Referrals

- Social Prescribing best supports
 - Older adults who can benefit from **1:1 tailored comprehensive wellness plan**
 - Older adults **willing to connect** with SCCs or resources
 - **Non-urgent services** (refer early!)
- Please ensure client is aware, and has **verbally consented** to SP referral with material on hand
- Please **ensure referral is complete** including referrer name/number/site and client name/contact info
- Please **include consideration/info** that can help SCCs connect with client (e.g. cognitive, vision, hearing, caregiver support etc. (not Dx))

Resources

- Every community offer different services
- Every community has different wait-times

For questions about specific services and wait times, please contact the SCC

Thank you! Questions?



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