

SOCIAL PRESCRIBING

REFERRAL GUIDE FOR STAFF

WHO CAN BE REFERRED?

Older adults who:

- Have trouble connecting with non-clinical, community resources
- Require a tailored non-clinical wellness plan
- Able/Willing to participate in plan development (or have someone to assist)



CAN THE CLIENT NAVIGATE RESOURCES ON THEIR OWN?

- If so, please consider BC211
- Provide **BC211 pamphlet** (on PtEd Catalogue, #698315)

HOW TO REFER?

- 1) Fill out the **Social Prescribing referral form**
→ Search "Social Prescribing" on Pulse
- 2) **Fax** the referral form to the Seniors Community Connector in the patient's geographic area

Social Prescribing can connect older adults to:

Financial

- Rent subsidies
- Help filing tax return
- Disability applications

Social Activities

- Cultural groups
- Reading club
- Caregiver or peer support

Housing

- Social housing
- Assisted living/Long-Term Care
- Home support

Mental Health and Substance Use

- Fraser Health Crisis Line
- Recovery support

Transportation

- Taxi voucher
- HandyDART
- Volunteer driver

Physical Activities

- Chair yoga
- Supervised exercise program
- Walking group

Nutrition and Food Support

- Meals on Wheels food delivery
- Food bank and food centres

And more

- Indigenous resources
- Newcomer supports
- Language support services
- Skills training