

Hepatitis C Virus - Resources for health care providers

If you have patients or clients diagnosed with Hepatitis C Virus (HCV), review the following testing and treatment protocols recommended by public health.

Testing

- Arrange for Hepatitis C RNA (PCR) testing (if not already done)*
- Refer to the Hepatitis C Testing Guide available on BCCDC's website for more information

*Note: HCV RNA testing will automatically be completed by the lab on client serology when:

- It is the clients first anti-HCV reactive result
- The client had previous anti-HCV reactive results and HCV RNA testing has never been done
- If an additional EDTA tube is required for HCV RNA testing, instructions for completion will be noted on the BCCDC Provincial Lab result.

Treatment

- It is highly recommended to refer your client to an Infectious Disease specialist for a treatment assessment
- Refer to the Hepatitis C Treatment Guide available on BCCDC's website for more information on treatment

Recommended Immunizations

The following vaccines are free for individuals living with Hepatitis C infection:

- Hepatitis A Vaccine
- Hepatitis B Vaccine
- Pneumococcal Vaccine
- Annual Influenza Vaccine

Vaccines can be accessed through public health, pharmacists or at some medical clinics.

- For information on how to get immunized through public health, visit fraserhealth.ca/immunizations
- For information on vaccines recommended for adults in BC, visit immunizebc.ca

Education

If you have patients with HCV, is it important to provide education regarding risk factors, healthy lifestyle, transmission and prevention.

HealthLinkBC has detailed Hepatitis C Virus Infection information available in in multiple languages on their website at hepatitis-c-virus-infection

If you have questions or require support with HCV follow up, contact Fraser Health's Sexual Health and Blood-borne Infections team at (604) 587-6788 or download a copy of our brochure available at patienteduc.fraserhealth.ca

Additional resources:

- Canadian Liver Foundation <u>liver.ca</u>
- BCCDC Communicable Disease Manual: Hepatitis C Guideline <u>bccdc.ca/health-professionals/clinical-resources/communicable-disease-control-manual/communicable-disease-control</u>
- BCCDC Hepatitis C Virus (HCV) Case Definitions <u>bccdc.ca/health-professionals/clinical-resources/case-definitions/hepatitis-c-infection-(hcv)</u>