

Other Arthritis Rehab Services in the Lower Mainland

Publicly funded arthritis clinics with physiotherapy and occupational therapy include:

- Mary Pack Arthritis Program (Vancouver)
- Richmond Hospital Arthritis Clinic
- Lions Gate Hospital Arthritis Clinic (North Vancouver)
- OASIS clinics for osteoarthritis (Richmond, Vancouver, North Vancouver)
- Burnaby Hospital Arthritis Program

A doctor referral is required.

Arthritis Resources

- The Arthritis Society:
www.arthritis.ca
- Mary Pack Arthritis Centre:
www.mpap.vch.ca
- www.rheuminfo.com

CONTACT US

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Inflammatory Arthritis Clinic

Surrey Memorial Hospital



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Surrey Inflammatory Arthritis Clinic

Services are provided for people with inflammatory arthritis who are:

- 18 years or older
- Diagnosed with rheumatoid arthritis (RA) within the last year (up to one year ago)
- Living in the Fraser Health region

A rheumatologist referral is required to access the clinic.

Outpatient Arthritis Services

We have therapists (occupational therapy and physiotherapy) who can help you manage and treat the physical and mental impacts of RA.

There is no fee for therapist services, however there may be a fee if you need special equipment or splints.

What to Expect:

An introductory session will help you learn about rheumatoid arthritis and ways of managing it. It will be led by an arthritis therapist and you can also meet and learn from other people present who have RA.

You can also have appointments with an arthritis therapist one to one. On average people will see the therapist 3-4 times a year.

What We Can Help With:

- Inflammatory arthritis education
- Exercise & physical activity coaching
- How to manage and cope with RA symptoms (e.g. anxiety, sleep, depression)
- How to manage your daily function (personal, household, work, sport)
- How to manage your pain & fatigue
- Splinting, adaptive equipment, and advice about footwear/orthotics

What We Do Not Provide:

We do not treat conditions which are not directly related to inflammatory arthritis.

We also do not provide treatment for areas related to active ICBC or WorkSafe BC claims.

Cancellation Policy

Please call to cancel an appointment, even if it is last minute. Otherwise you will be marked as “no show”.

After 2 no shows you may no longer see a therapist.

Hours

We are open Monday to Friday days, with some evening and Saturday appointments available.