

## What services does Urgent Primary Care Centre offer?

We offer a team-based approach tailored to your specific need for care. Our healthcare professionals will support your health needs. This may include referring you to other resources in the community.

### Our care team includes:

- doctors and nurse practitioners
- registered nurses
- clinical counsellors
- social workers
- pharmacists

## Do I need an appointment?

We see people in 2 ways:

1. on a walk-in basis for urgent care
2. by appointment for patients who have a health provider in the Centre

## What if I don't have a family doctor?

If you live in Surrey, you can ask to have one of our doctors (or nurse practitioners) as your regular family practitioner.

## Where to find us:

**9639 137A Street**  
**Ground Level, City Centre 2**  
(Across from Subway)



Expect us to treat you and your family with compassion, dignity, and respect, without discriminating in any way.

[www.fraserhealth.ca](http://www.fraserhealth.ca)

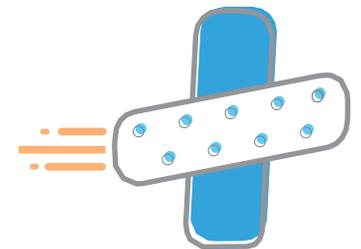
This information does not replace the advice given to you by your healthcare provider.

# Surrey Urgent and Primary Care Centre

**Open 10:00 a.m. to 9:00 p.m.**

**7 days a week**

**604-572-2610**



## What is the difference?

### Urgent Primary Care Centre is for people who:

- might normally go to a family doctor (or nurse practitioner) or walk-in clinic in their community with a health concern but can't get in to see one
- need medical care within 12 to 24 hours and it is not an emergency

### Examples of when to use the Urgent Primary Care Centre:

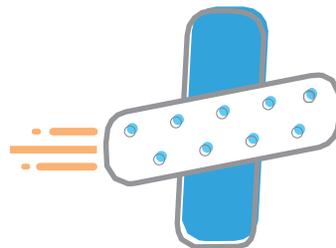
- cough and/or cold
- cuts, wounds, or skin conditions
- infections such as chest, ear, and bladder
- mild back pain
- sprains and strains
- fever
- nausea, diarrhea, constipation
- prescription refills – **except not** for narcotics or benzodiazepines
- immunizations

### Emergency Department is for people who:

- are experiencing a health crisis or have a serious illness or injury
- need medical care right away

### Some examples of when to use the Emergency Department:

- chest pain
- trouble breathing or short of breath
- any kind of bleeding that does not stop
- suspected stroke
- overdose or poisoning
- mental health crisis
- broken bones / dislocated joints



### Not sure where to go?

Call 8-1-1



- Speak with a nurse anytime of the day or night.
- Speak with a pharmacist from 5:00 p.m. to 9:00 a.m. every night of the week.

HealthLinkBC is available in 130 languages. For an interpreter, say your language in English. Wait until an interpreter comes on the phone.

### If you have questions

Call the Urgent Primary Care Centre  
236-332-6497  
10:00 a.m. - 9:00 p.m.  
7 days a week