

What is CRS?

We are an in-home service to help people of all ages with their lung health.

We work with you to do the following:

- Improve your energy so that you can do your daily activities.
- Make it easier for you to manage your lung health.
- Understand your respiratory medicines and know how to use them.
- Cut back, or quit, smoking or vaping.

We explain the signs and symptoms of a respiratory flare-up and help you make a plan for what to do if you get sick.

We teach you how to deal with your symptoms at home so you are less likely to have to go to the hospital.

Community Respiratory Services

205 - 9440 202 Street
Langley, BC V1M 4A6

Phone: 604-514-6106

Toll-free: 1-888-514-6106

Fax: 604-514-6079

Hours of operation:

8:00 a.m. to 4:30 p.m.

7 days a week including holidays

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #253507 (March 2023)

For more copies: patienteduc.fraserhealth.ca

Community Respiratory Services (CRS)



How do I get this service?

A doctor, nurse practitioner, or other healthcare provider refers you to us.

After we receive the request, we call you to set up a visit at your home with a respiratory therapist. The therapist checks your breathing, gives you training and information, and sends a report to your doctor.

A therapist will continue to visit you in the future.



What services does CRS offer?

Depending on your needs, we can help with the following.

Education and self-management

We teach you how to take care of your health at home, so you are less likely to need to go to the hospital.

We give you information and answer questions about your lung health.

We teach you how to take care of your tracheostomy.

Home health remote monitoring

Home health remote monitoring helps you learn about your lung health and manage your symptoms at home.

We check your symptoms virtually. To do this, we might give you a self-monitoring kit, including a tablet, oxygen monitor, and blood pressure monitor.

Respiratory rehabilitation

Respiratory rehabilitation teaches you how to exercise and improve your daily activity. A respiratory therapist and a physiotherapist will help you get stronger and improve your quality of life.

The program lasts up to 12 weeks. It can be in person or virtual, depending on your needs. When the program finishes, we can visit you at home if needed.

Home Oxygen Program

A respiratory therapist visits you after the oxygen is set up in your home. They will:

- Check your breathing
- Help you to use the oxygen safely
- Answer your questions



A therapist will continue to visit you in the future to check your oxygen needs.