

Fact sheet: Complex Care Housing, Congregate, Abbotsford

Supportive housing and enhanced health services in Abbotsford: Red Lion

Red Lion supportive housing is located in Abbotsford and operated by Lookout Housing and Health Society. Enhanced care services are included with ten units at Red Lion. Program participants are offered life skills support and counselling, nursing care, mental health services, addiction medicine and cultural supports. Participants pay the shelter portion of provincial assistance or equivalent and sign a participation agreement.

Who are the Participants?

Abbotsford community members aged 19 and older experiencing challenges with daily functioning due to mental illness, substance use and/or co-occurring health needs not met by the current model of supportive or other forms of housing and that are contributing to homelessness and/or frequent hospitalizations.

Participants are:

- Eligible for BC Housing Supportive Housing (low income adult)
- Open to enhanced health services to support housing stability
- Able to have health care needs scheduled via an individual plan
- Able to make decisions on their own behalf in relation to functional safety
- Supports are offered for:
 - Behaviours that may lead to eviction
 - Onsite health services
 - Managing guests
 - Developing life skills
 - Harm reduction
 - Medication management

What can a person expect?

- Self-contained private units with bathroom
- Shared laundry facilities
- An individual plan that they develop
- A culturally safe environment
- 3 Meals per day
- Harm reduction services

How do people access this program?

The Community Access and Assessment Table operated by BC Housing will consider candidates brought forward by community partners, including Fraser Health. When there is a vacancy, a candidate will be prioritized for referral by the table. (Note: families and individuals can reach out to an agency or Fraser Health for a referral.)



For more information: ComplexCare.Housing@fraserhealth.ca

