

SURREY COMMUNITY RESOURCE GUIDE

Note: This list of community resources is for your information. It is not meant to promote any individual service and we will not accept responsibility for any arrangements made between the client/family and these agencies. There are costs associated with some of these services

Social Work contact number: Susan Keith 604-772-2458

(bc211.ca) – One call connects you to an Information and referral specialist with numbers for all community, social and government services. 2-1-1

(healthlinkbc.ca) Health advice from a Nurse; Dietitian; or Pharmacist. 8-1-1

Meal Delivery (including special diet and diabetic meals)

Meals on Wheels:

N. Delta / N. Surrey / Cloverdale 778-590-1433

S. Surrey / White Rock 604-541-6325

Better Meals 604-299-1877

Casalinga Food Services 604-435-1994

Kosher Meals on Wheels 604-257-5151

Grocery Delivery

Buy Low - <http://www.buy-lowfoods.com/> 604-584-2616

Dairyland - <http://www.morethanmilk.ca/> 1-877-341-8700

Fresh Street market - <http://www.freshstmarket.com/> 604-578-8970

Safeway - <https://www.safeway.ca/> (check with your local Safeway)

Save-on-foods - <https://www.saveonfoods.com/> 1-800-242-9229

Thrifty Foods - South Surrey - <https://www.thriftyfoods.com/shop-now> & by phone

Sendial program 1-800-667-8280

*Also phone Better at Home for seniors services grocery support.

Food Banks (Registration required, physician referral for delivery)

Sources White Rock Food Bank 604-531-8168

Surrey / Delta / Cloverdale 604-581-5443

Langley / Aldergrove Food Bank 604-533-0671

Transportation

HandyDART	604-575-6600
North Delta Seniors Bus	604-353-6305
Sources – South Surrey/White Rock	604-542-4357
Volunteer Cancer Society Drivers (VCDS)	604-515-5400
SN Transport – hospital transfers	604-852-3366
Handicapped Parking Permit – Sparc BC	604-718-7744

Private Home Support- These agencies can provide help with personal care and/or household tasks. Some agencies have registered nurses available. Cost varies.

Home Instead	604-541-3386
Classic LifeCare	604-534-5663
ParaMed	604-580-6220
Nurse Next Door	604-228-4357
CBI Home Health	604-596-0772
Bayshore	604-531-6111
Comfort Keepers	604-541-8654 and 604-530-9111

Home Health – Fraser Health

Assessment to determine if you qualify for home support for personal care, home care nursing, palliative care, day programs for adults or respite services for caregivers. (Based on income) 1-855-412-2121

Emergency Call button

Fraser Health LifeLine	604-517-8617
Telus Living Well	1-855-255-2122

Department of Veteran Affairs

Support services are offered to Veterans.

1-866-522-2122

Housekeeping Support

Better Business Bureau – recommendations for the public	604-575-5288
Sources Concierge (Surrey/Delta/Langley)	604-541-4823
The Seniors Brigade (Seniors Connect Program)	604-453-5885

Better at Home -(betterathome.ca) friendly visiting transportation to appointments; light yard work; minor home repairs; snow shoveling; ight housekeeping; grocery shopping (services vary by community). Cost is based on income. 604-268-1312