

Our Team

- Clinical counsellors
- Social Workers
- Intake clinicians
- Occupational therapists
- Recreation therapists
- Vocational counsellors
- Peer support workers

Scan for more information



www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

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For more copies: patienteduc.fraserhealth.ca

Day, Evening, Weekend Program

**Substance use treatment in
your community**



What is DEW?

The Day, Evening, Weekend (DEW)

Program is for adults over the age of 19 who are looking for a substance use treatment program in their community.

The program is open to all adults living in Fraser Health communities, from Burnaby to Boston Bar.

The program is 6 months. It supports your unique recovery and wellness goals.

Services include group counselling, individual support, harm reduction, substance use information, and referrals to other services.

The program is free and can be accessed virtually and in-person. Group sessions happen every day, with options during the day and evening.

You can sign-up by calling 604-585-5610 or attend one of our intake drop-in's during the week.

Services

Group Support

We offer groups on topics related to recovery and wellness, including:

- Early Recovery Skills
- Parenting through Recovery
- Dialectical Behaviour Therapy for substance use
- Recovery through Leisure

Individual Support

Our team offers personalized one-to-one support to build life skills and strengthen wellness, including:

- Career planning and resume writing
- Sleep wellness
- Finances
- Leisure activities

Specialized Services

2SLGBTQIA+ and Indigenous substance use clinicians offer up to 12 individual counselling sessions and groups to support the community. Group options can include:

- Walking Together
- Rainbow Recovery Skills
- Roots of Life: A Cultural Lens

Locations

Across Fraser Health Communities

From Burnaby to Boston Bar

How do I get connected?

If you have questions or would like to sign-up for the program, call the number below. A staff member will call back to help you get started and support your recovery and wellness goals.

There are also intake drop-in options available across the Fraser Health region. Visit the website below for locations and times.

Contact

604-585-5610

Learn more at

www.fraserhealth.ca/dew