

# Substance Use Residential Treatment Referral Form

Using a bio-psychosocial-spiritual assessment and trauma informed approach, complete this referral at the pace of the person to be referred.

### Introductory section:

A: Indicate how the person describes his/her current situation and the impact of substance use in each life domain:

- Mild effect: the person is experiencing minor consequences and some change of functioning.
- Moderate effect: the person has experienced negative consequences and some loss of function
- **Significant effect:** the person is unable to carry out responsibilities and to function effectively.

**B**: Indicate the person's reported current engagement in <u>most</u> substance use treatment services by checking the box that applies.

C: If response is yes, mothers and young children can access specific services.

**D**: Please answer if the person is attending withdrawal management and if not, what is the reason. If yes, indicate the planned date of completion. People who have unstable concurrent medical or psychiatric issues, are using more than one substance, and/or those who have a history of or are deemed at risk for complicated withdrawal syndromes (ie: seizure disorders; delirium tremens; alcohol use disorder; benzodiazepine and barbiturate use) need to be assessed for supervised withdrawal.

#### **Personal Information:**

Complete this form in collaboration with the person.

- Referral Source information: You must provide direct contact details for the clinician responsible for all contact regarding the referral. This will be the person we contact.
- Current location: Select from drop down. Details of tertiary sites to include: Forensic Hospital, Burnaby Centre for Mental Health and Addictions or Heartwood Women's Treatment Centre

#### **Substance Use Information:**

- Indicate English language proficiency.
- Indicate the person's wishes, and if they are willing and able to commit to the requirements of residential treatment
- Complete the table for all substances used
- Detail what treatment/services has been tried to date

#### Health information:

- Include relevant physical and mental health information and include collateral as relevant
- TB test date, if within the past year, the person will not require a new screening. TB tests are to be completed, as required by licensing, within 30 days of intake. Thus, it is encouraged that the TB test is completed before arriving.
- Detail all medications with dose, frequency and prescribing doctor

#### Legal & Financial Information:

- Please include any upcoming court dates for consideration of admission date, as well as copies of orders
- Financial Information:
  - o source of payment must be confirmed
  - o persons with Aboriginal status or veterans may be eligible for federal funding
  - o if the person is eligible for income assistance, then suggest that they apply at <u>www.myselfserve.gov.bc.ca</u>.
  - if the person is not eligible for income assistance but still requires supplemental income, complete an Accommodation Fee Subsidy form and send it to <u>afs@fraserhealth.ca</u> in tandem with the referral

#### **Other Relevant information:**

- Safety considerations: please include significant areas of risk and the source of information.
- Provide person specific choices. People are eligible for Aboriginal program beds regardless of ethnicity

#### Signature/consent:

Inform the person that the program is voluntary, that they have a right to know the details of the program and the expectations, that they have the right to know the complaint process and to expect follow-up. A signature by the person indicates they agree to the referral, the cost and for the release of information for the purpose of the referral.

Substance Use	Residential	Treatment

**Outside Fraser Health Referral** Fraser Health Mental Health and Substance Use Services



**Referral Form** 

**Residential Coordination Services** Fax: 604-519-8538

Note:	Referrals must	be typed and	l complete to	be screened
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Required: Early Exit Plan Attached

Supporting Documentation – Required if Applicable: check	if included		
Medical report on physical condition	🗌 Recent psychia	atric assessment (wi	thin 3 months)
Multidisciplinary reports/assessments (social work, nursing r	,	/cognitive assessme	
Recent addiction physician assessment (within 3 months)	Probation conc	litions and/or court o	orders
A: How does the <u>person</u> report the impact of SU on their:	Mild Effect	Moderate Effect	Significant Effect
Social environment (friends, relationships)			

 $\square$ 

Primary Support system (may include family, or natural supports.) Vocation / education Housing

Health

B: Engagement with Substance Use Services	Engaged but experiencing difficulties - minimal or no use	Not Engaged experiencing coping difficulties - minimal or no use	Engaged with intermittent use and some life disruptions	<b>Engaged</b> with high use, distress and life disruptions	Not Engaged with high use, distress and life disruptions
Please indicate how the person describes service engagement & challenges with use					

C: Does this person have pre-school age children that will accompany them to treatment?	🗌 Yes	🗌 No
D: Does this person require supervised medical withdrawal management services?	🗌 No	□ N/A
Is medically supervised withdrawal management scheduled?  Yes No If no, reason:		
If yes, what date is withdrawal management expected to be completed:		

## **Personal Information**

Person Referred:		
Last Name:	First Name	:
Other name / preferred name:		
Gender	Preferred gender pror	ioun(s):
Date of Birth:	PHN# (Care Card):	
What are the person's current living arrangem	nents?:	
Home Address:		
City:	Postal Code:	
Current location (if different from above):		Details:
Primary Phone:	Email:	
Person's preferences regarding contact:		🗌 days 🗌 evenings
OK to leave message?	lo	
Alternative/Emergency contact Name:		
Phone:	Email:	
Proficient in written English?:	] No	Proficient in verbal English?:  Yes No
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Does the person require an acc	commodation t	o participate with writte	en mate	erials in progra	am? If yes, ple	ase provide	e details:
Marital Status:				Dependents	: 🗌 Yes 🗌	] No	
What is the person's current er	mployment / v	ocational status:					
Referral Source: All correspon	ndence will be	sent to both email ad	dresse	s listed for col	ntinuity of car	е	
Name:		Ag	ency:				
Email #1:		Em	ail #2:				
Office phone:		Cell:		Fax			
Who will provide support durin	g their stay?:						
Substance Use Informati	-						
What is this person hoping mo	st to get from	treatment?					
What does this person say sup	ports their rec	covery and what does	not?				
	Primary	Is the Person seek-					
Substances Used	Substance	ing treatment for	Date	of Last Use	Typical	-	ncy Last
	Identified	this substance use?			Amount	30 L	Days
Safety Planning		ing aubstances?					□ No
Does the person have a safety In the previous 6 months, has	-	•	vordoco	.0			
If yes: Choose all that apply	ine person na	u any incluences of ov	eluose	:		∐ Yes	
Further details:							
Substance Use Treatment Hi		<b>_</b>					Program Completed
Service Accesse	d	Dates		Service	Provider		Y/N
Withdrawal management							
	omplete next question)						
OAT (Opioid Agonist Treatment) iOAT (Injectable Opioid Agonist Treat	(mont)						

IRT (Intensive Residential Treatment) 258660 | MAR.2019

STAR (Short-term Transitional Access to Recovery) STLR (Stabilization & Transitional Living Residences)

# **Outside Fraser Health Referral**

→ Outpatient Counselling - Indicate number of sessions completed and if applicable reason for early exit:

Health Information		
Mental Health		
Does the person have a diagnosed mental illness for which they are receiving mental health services?	Yes	🗌 No
If yes, please provide Diagnostic Category/Primary Focus:		
Mental Health clinician/psychiatrist contact name:		
Phone: Email:		
Has the person experienced any of the following in the past 6 months:		
Non accidental self-injury Suicide attempts/chronic ideation Details:		
Hospital admissions for mental health reasons over the past 6 months?	🗌 Yes	🗌 No
If yes, please provide details: (ie. admission date, location)		
Is the person on, or plan to be on, extended leave under the Mental Health Act	🗌 Yes	🗌 No
Does the person have any history of process addiction?:		
Physical Health		
Current Opioid Agonist Therapy (OAT)?  Yes No Methadose: Yes Suboxone: Yes	Kadian	: 🗌 Yes
Current OAT dose: Length of time on current dose:		
Prescribing OAT Physician MSP#:		
Ph: Fax:		
List all current medications (attach MAR or separate document if needed). Be sure to include medication length of time on medication and prescribing doctor:	on name, o	dosage,
Does the person have mobility challenges?	🗌 Yes	🗌 No
If yes, please indicate:		
Does the person have vision or hearing impairments?	🗌 Yes	🗌 No
If yes describe		
Does this person require assistance with self-care?	🗌 Yes	🗌 No
If yes describe		
Does the person have chronic pain?	🗌 Yes	🗌 No
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			Outside Fraser	Health Re	eferral
If yes describe					
Does this person have die	etary needs not relate	<b>d</b> to food allergies?		🗌 Yes	🗌 No
Details:					
Allergies: (Food, Medication of	or Environmental etc.)			🗌 Yes	🗌 No
List:					
Other health consideratio	ns:				
Tuberculosis Test: last kno	own date:				
Physician's Name:		Agenc	y:		
Phone:	Fax:	Email:			
Legal & Financial Inf	ormation				
Legal				·	
Has the person been / is	the person involved wit	th the Courts/ Criminal Ju	stice System?	🗌 Yes	🗌 No
If yes, please complete th	e following and attach	a copy of probation or	ders or court orders:		
Primary corrections conta	ict name:				
Office:		Phone:			
Email:					
Provido dotails in chronol	ogical order (including	convictions):			

Provide details in chronological order	(including	convictions	):

Please indicate if any of the following apply: Choose all that apply

Please provide details, including pending court dates:

Financial
Served in Canadian military:  Yes No Aboriginal status card #
Canadian citizen: 🗌 Yes 🔲 No - if no, current status:
Plan G coverage: 🗌 Yes 🗌 No
Third part Pharmacy coverage: 🗌 Yes 🗌 No Indicate:
How will the user fee be paid:
$\Box$ Income assistance (has an application been made? $\Box$ Yes $\Box$ No )
employer     private insurance     self     request for accommodation fee subsidy
Aboriginal Services Veteran's Affairs First Nations Health Authority
Payer information:
Name of Person or Agency/Company (if other than I.A. or AFS):
Phone: Email:

## **Outside Fraser Health Referral**

Other Relevant Information		
Other Agency involvement:	🗌 Yes	🗌 No
If yes, please provide details:		
Safety considerations?  Yes No If yes details (ex: fire risks):		
Are there any spiritual or religious practices/ceremonies that will support the person's wellness while in facility:	n a resider	ntial
Are there preferences in the types of programs offered at the residential program?: Choose all that apply		
Details regarding preference:		
Geographic preference:		
Fraser North, including Burnaby, Tri Cities, New Westminster, Maple Ridge		
Fraser South including: Surrey		
Fraser East including: Abbotsford, Chilliwack, Agassiz		
Indicate if person has a preferred residential program in mind?		

# Signatures/Consent:

Has the person been oriented to his/her rights?  $\Box$  Yes  $\Box$  No (see guide)

### By signing below, I consent to following:

- This referral is being submitted for consideration to Fraser Health Substance Use Residential Treatment Services
- The information in this referral and any supporting documentation being released and shared between my Community Care Team, Regional Fraser Health central team and Substance Use Services Contracted Service Providers
- My Community Physician will be sent an admission and discharge summary

### This consent will expire 6 months from the date below.

Signature:	Client Signature	Date:	DD	ММ	ΥΥΥΥ
I authorize contact by Fraser Health with			for the purpose of user fee payment		
Signature:	Client Signature	Date:	DD	MM	γγγγ
Signature:	Referral Signature	Date:	DD	MM	үүүү