

April 16, 2026

## Sent on behalf of the Fraser Health – Integrated Long-term Care and Assisted Living Services

### **\*NEW\*** May 7 12-1 pm Palliative Essentials in Long Term Care ECHO: Foundations and Care Planning

- Audience: Clinical staff in AL and LTC
- Join us for a virtual interactive education series focusing on supporting care providers integrate essential elements of Palliative Care in Long Term Care settings, Thursday, May 7th 12pm-1:00pm PDT via ZOOM
- Presenters: Gita Rafiee and Frances Wright.
- Register here : [REGISTER](#)
- For more information about ECHO and future sessions, please see attached Poster and visit: <https://www.bc-cpc.ca/echo-project-new-home>
- *\*\*Save the date for June 4 and June 18 sessions. Further details coming soon!*

### **\*NEW\*** HIV & Aging in LTC AL – Research Insights Infographic

- Audience: LTC and AL Care Communities
- A Simon Fraser University–Fraser Health study led by Dr. Valorie Crooks explores how to strengthen care and support for older people living with HIV in LTC and AL settings.
- The number of older people living with HIV entering LTC AL is expected to grow over the next decade, particularly within the Fraser Health region.
- Findings highlight complex care and social needs, along with ongoing stigma and marginalization that can impact access to care and quality of life. Stigma is often shaped by factors such as age, sexual orientation, gender, race, income, and substance use, influencing both care and the resident experience.
- Insights from physicians, operational leaders, care staff, residents, older people living with HIV, and community organizations identified key gaps and priority areas for improvement.
- The attached infographic shares these findings and copies will be mailed to LTC AL care communities to support staff education, promote person-centered care, raise awareness, and spark conversations about HIV and aging.
- For questions or more information, please contact PhD candidate, Leah Coppella at [leah\\_coppella@sfu.ca](mailto:leah_coppella@sfu.ca) | 647-921-5650.

### **\*UPDATE\*** U-First! In-person and online workshop added

- Workshops open to any eligible staff in the Fraser Region:

- In-person
  - Wed, April 22 - 8:30 a.m. to 3:30 p.m. - Douglas College, Coquitlam
  - Tue, April 28 - 8 a.m. to 3 p.m. - The Czorny Alzheimer Centre, Surrey
- Online – All 8 a.m. to 3 p.m. on Zoom
  - Tuesday, April 21
  - Wednesday, April 29
  - Thursday, April 30
- Register two weeks before workshop date
- Please see attached Poster for instructions on how to register.
- Alternatively, the link [alzbc.org/ufirst-fraser](http://alzbc.org/ufirst-fraser) is also available. This includes virtual and eLearning options.
- Reminder: Only the session fee is covered, and paid education hours/backfill costs are the operational responsibility of each LTC home
- If you have any questions, please email Anita Wahl [anita.wahl@fraserhealth.ca](mailto:anita.wahl@fraserhealth.ca) or Samantha Stevens [Samantha.Stevens@fraserhealth.ca](mailto:Samantha.Stevens@fraserhealth.ca)