

Sent on behalf of the Fraser Health Integrated Long-Term Care and Assisted Living Services

NEW Pre-season planning, preparation and prevention checklist : RI Toolkits available for review

- 2025/2026 Fraser Health Respiratory Outbreak Protocol and Toolkit is posted on [Fraser Health](#)
- Review the toolkit and come to the RI/GI education session with questions and inquiries
- Discard previous paper or electronic versions of the Toolkit and replace them with the most recent version
- The virtual Fraser Health Annual Respiratory and Gastrointestinal Illness education session for the 2025-2026 season is **October 2, 2025**
- Watch your emails for the evaluation survey – your feedback is important to us
- For questions please contact: Public health CNEs: Tammy Au at Tammy.Au@fraserhealth.ca and Meghan Cronin at Meghan.Cronin@fraserhealth.ca and Surjit Rosode, Regional CNE, Community Infection Prevention and Control (IPC) at Surjit.Rosode@fraserhealth.ca

NEW Waste reduction drop-in sessions

- Drop by to learn more about high-waste areas in LTC/AL, and what steps you can take.
- Further to the Planetary Health Quality Improvement workshops held in June, we're partnering with the Sustainability and Preparedness team, Infection Prevention and Control, Nurse Specializing in Wound Ostomy and Continence (NSWOC), and the Contract Management Office to offer focused, casual discussions on how to activate simple projects in four areas:
 - 1) Appropriate glove use – October 8
 - 2) Reusable spoons for medications – October 7
 - 3) Recycling and organic waste management – October 16
 - 4) Reducing waste from pads and briefs – October 22
- Please look out for calendar invitations soon.
- For further information, please contact Robin Speedie, Senior Consultant with Sustainability & Preparedness robin.speedie@fraserhealth.ca or Harpreet Shaw, Lead for Quality and HCAP harpreet.shaw@fraserhealth.ca.

***UPDATE* U-First!**

- There is still space left in the on-line U-First! VIRTUAL workshops on the following dates October 1 & 15, 2025; November 6 & 18, 2025; December 2, 2025.
- Seating is also available for the 3-week self-paced e-learning workshop held on Sept 29, 2025 to Oct 19, 2025, or Nov 17, 2025 to Dec 7, 2025
- The U-First! Training is facilitated by the Alzheimer Society. Fall & Winter workshops are currently available for LTC staff only. Health Care Assistants (HCA's) are the target audience; however the course is available to all staff.
- You can choose between two different formats.
- One day format is a virtual 7-hour interactive workshop and the Self-paced e-learning workshop over format is over a course of 3 weeks.
- Please see posters attached for available dates and to register directly with the Alzheimer's Society
- Reminder: Only the session fee is covered, and paid education hours/backfill costs are the operational responsibility of each LTC home
- If you have any questions, please email Anita Wahl anita.wahl@fraserhealth.ca or Sam Stevens samantha.stevens@fraserhealth.ca