

## Sent on behalf of the Fraser Health Integrated Long-Term Care and Assisted Living Services

### **\*NEW\*** Summer Newsletter: Regional Resident and Family Advisory Committee (RRFAC)

- Please see attached newsletter regarding the RRFAC purpose, roles and responsibilities, highlighting achievements including projects and initiatives, kudos, and new resident and family engagement opportunities with additional posters attached for your reference.
- Please share with your local resident and family councils.

### **\*NEW\*** Call for Research Participants: Qualitatively Exploring Opportunities to Support Older Women's Sexual Health and Wellbeing in Fraser Health Authority's Assisted Living Sector

- The LTC/AL research team is seeking research participants for a study funded by the Women's Health Research Institute, in partnership with Simon Fraser University and Fraser Health. This study focuses on sexual health and wellbeing among older women in Fraser Health assisted living.
- Seeking participants from any of the following groups:
  - Leaders in assisted living (Directors of Care, managers, physicians, regional leadership and directors, Community Health Nurses, Clinical Nurse Educators): Participate in a 1hr virtual focus group with other leaders about policies and practices for supporting sexual wellbeing.
  - Care aides/staff in assisted living: Participate in a 1hr in-person walking interview at your care community to identify barriers and facilitators to sexual wellbeing.
  - Older women in assisted living: Participate in a 1hr in-person interview to discuss what sexual wellbeing means to you.
- Participants will receive a \$50 e-gift card. The study has ethics approval and is reviewed by Fraser Health. Participation is confidential and names will not be shared in reports. To participate, contact Leah Coppella at [leah\\_coppella@sfu.ca](mailto:leah_coppella@sfu.ca). Scheduling and participation length are flexible based on your availability.
- Please share the attached poster with your assisted living communities and networks across Fraser Health.