

Sent on behalf of the Fraser Health Integrated Long-Term Care and Assisted Living Services

***NEW* U- First!® Dementia Education for Health Care Workers in LTC**

- The Ministry of Health has partnered with Alzheimer's Society of BC (ASBC) to make U-First!® education available to direct care staff in publicly funded long-term care communities across the province.
- Building on the foundation established by the PIECES™ Learning and Development Program, the U-First!® expands person-centered training to a broader range of staff and equips participants with the knowledge and skills needed to apply a person-centered approach to care by fostering a deeper understanding of individuals and their behavioral changes.
- For the first year this initiative will **focus on training health care assistants** via virtual sessions and/or in-person with ASBC trained U-First!® facilitators . Additional details, including information about registration, will be provided in the coming weeks.
- If you have questions, reach out to Anita Wahl (anita.wahl@fraserhealth.ca)

***NEW* Trauma & Resiliency Informed Practice (TRIP) – Education**

- Please see attached poster for details on learning opportunities for all LTC-AL leaders to support psychological well-being of residents & families.
- If you are interested in signing up, please contact anita.wahl@fraserhealth.ca or mike.mutter@fraserhealth.ca

***NEW* Advance Care Planning in-person Education Feb 6th- Abbotsford Holmberg House**

- An in-person education session is being held at Abbotsford Holmberg House on Feb 6th.
- This education is invaluable and for all health care professionals to learn more about Advance Care Planning, including consent, laws around substitute decision making, essential conversation skills, documentation, and more.
- Please see attached poster for more details and link to register: [FHA – Advance Care Planning Classroom Session \(In-person\) - LearningHub \(phsa.ca\)](#)
- If you have any questions, please contact Cari Borenko at Cari.Borenko@fraserhealth.ca

***UPDATE* Public Health & Infection Prevention and Control – Respiratory Illness toolkit**

- In order to return to pre-pandemic practices, the [LTC RI Tool 11](#) has been updated and the following 5 posters were removed:
 - Enhanced Monitoring Measures
 - Enhanced Monitoring Measures with Public Health Support
 - COVID-19 Outbreak Poster
 - Influenza Outbreak Poster
 - Outbreak/Cluster Poster
- These posters are replaced with one poster named: [Viral Respiratory Illness Outbreak and Enhanced Monitoring Measures](#)

***REMINDER* Ministry of Health Survey- Protecting our vulnerable during emergencies**

- The Ministry of Health is conducting a research project to enhance their understanding of what licensed Community Care and registered Assisted Living communities may need from the B.C. public health system to safely evacuate their residents, specifically when faced with unexpected or unprecedented situations.
- The survey can be completed by providers or representatives, specifically those most closely engaged with care community level emergency plans, preparedness, response, and recovery. Participation is voluntary.
- Please see link to survey: [Protecting our vulnerable during emergencies: Community Care & Assisted Living Sector](#). The survey deadline is Feb. 7, 2025.
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***REMINDER* Planetary Health Survey for LTC & AL**

- The FH LTC/AL Quality Team invites you to complete this short survey to enable the Quality Team to determine how we can support you with planetary health initiatives in 2025.
- Please click link to survey or QR code below: [LTC/AL Planetary Health](#). Survey deadline has been extended to Feb 6th.
- If you have any questions please contact: Candace Larson, Manager Quality & Research candace.larson@fraserhealth.ca

