

Fraser Health Guidelines: Admissions to Long-Term Care, Assisted Living or Convalescent Care during COVID-19

Purpose

The purpose of this document is to provide guidance to Long-Term Care, Convalescent Care and Assisted Living providers (LTC, CV and AL) when accepting admissions (including both new admissions, admissions from another LTC, CV, or AL site and individuals returning from an acute stay). These guidelines are based on direction from the Fraser Health Emergency Operations Centre and Medical Health Officers; they may change in relation to new data, COVID-19 Pandemic changes, hospital surge and/or additional health orders.

Admissions to LTC/AL/CV from ACUTE

Clients with a previous positive COVID test

Admission **may proceed** after either:

- * at least 10 days post symptom resolution
- OR
- ** 20 days post symptom onset with symptoms resolved
- OR
- 2 negative COVID-19 swabs 24 hours apart

Droplet precautions/isolation **are not** required post transfer if one of these criteria met

Clients without a previous positive COVID test

Admission **may proceed** after:

- one negative Nasopharyngeal Swab for COVID-19, 24 hours prior to transfer (+/- 8 hours); however it is acceptable within 48 hours of transfer

Droplet precautions/isolation **are required** for 14 days post transfer

Admissions to LTC/AL/CV from Community and LTC, CV, AL Inter-Facility Transfers

Admissions to LTC from community are based on an * Intolerable Risk.

Clients with a previous positive COVID test

Admission **may proceed** for:

- Clients at least 10 days post symptom resolution
- Clients who are asymptomatic **do not** require a Nasopharyngeal Swab for COVID-19

Droplet precautions/isolation **are not** required post transfer

Clients without a previous positive COVID test

Admission **may proceed** for:

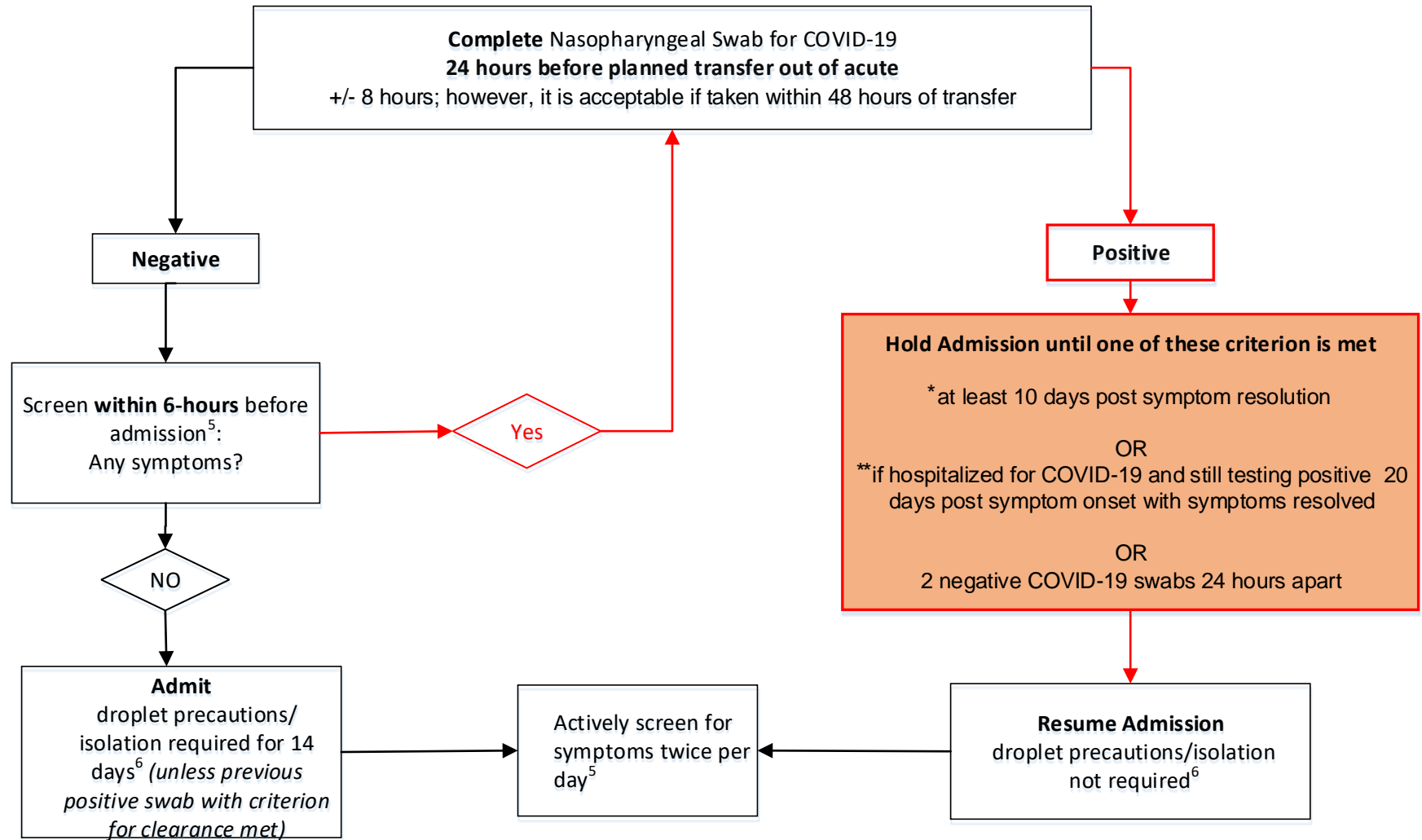
- Clients who are symptomatic and those who are asymptomatic and **unable** to self-isolate require **one negative** Nasopharyngeal Swab for COVID-19 within 48 hours prior to admission
- Clients who are asymptomatic and **able** to self-isolate **do not** require a Nasopharyngeal Swab for COVID-19

Droplet precautions/isolation **are required** for 14 days post transfer

Important Notes

- Admissions from acute include both new referrals and individuals returning from an acute stay
- Admissions and transfers to and between LTC/CV/AL/IL in outbreak are postponed until the outbreak is over
- * Applies to individuals hospitalized for reasons un-related to COVID-19
- ** Acute care staff - refer to Discharge Process for Laboratory-Confirmed COVID-19 Patients in Acute Care re: Exception Requests. Reference accessed here: [BCCDC Guidelines, Sept. 25](#)
- *** Refer to policy to determine clients living at Intolerable Risk
- Access, Care & Transition (ACT) Coordinators will collaborate with providers & relevant stakeholders to review the isolation plan & ensure a fulsome plan to support the physical & psychological well being of the resident/tenant
- Definition of Droplet Precautions: Droplet Precautions include isolation. See Droplet Precautions Standard Operating Procedure and Clinical Practice Guidelines in the [LTC/AL COVID Toolkit](#)

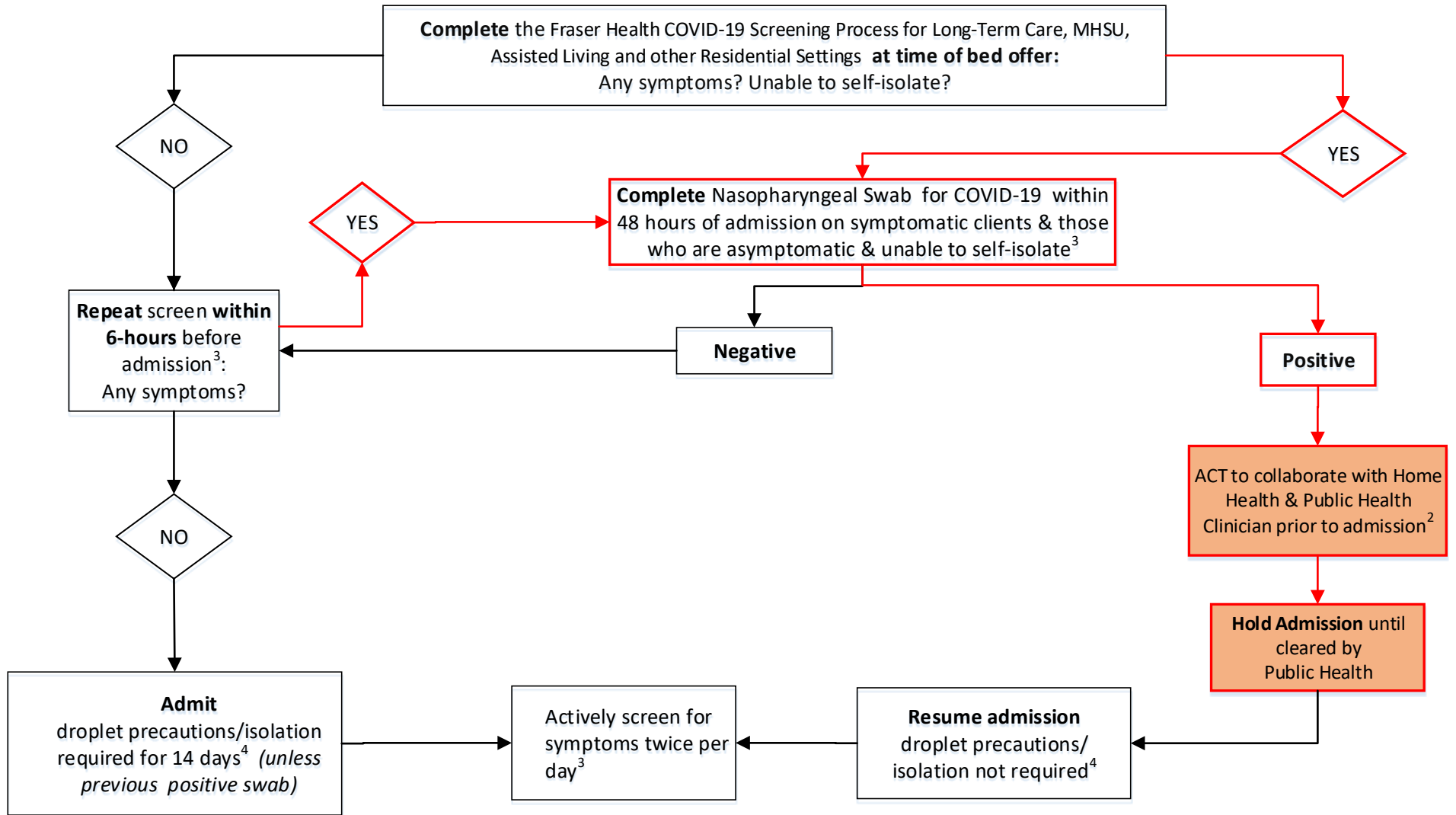
ALGORITHM FOR ADMISSIONS TO LONG-TERM CARE, CONVALESCENT CARE & ASSISTED LIVING DURING COVID-19 PANDEMIC: Admissions from Acute



IMPORTANT NOTES

- 1) Admissions from acute include both new referrals and individuals returning from an acute stay
- 2) Admissions to and between LTC/CV/AL/IL in outbreak are postponed until the outbreak is over
- 3) * Applies to patients hospitalized for reasons un-related to COVID-19
- 4) ** Applies to patients hospitalized for COVID-19. Acute care staff - refer to Discharge Process for Laboratory-Confirmed COVID-19 Patients in Acute Care: Exception Requests. Reference accessed here: [BCCDC Guidelines, Sept. 25](#)
- 5) The Fraser Health COVID-19 Screening Process for Long-Term Care, MHSU, Assisted Living and other Residential Settings can be found here [LTC/AL COVID Toolkit](#)
- 6) Droplet Precautions includes isolation. See Droplet Precautions Standard Operating Procedure and Clinical Practice Guidelines in the [LTC/AL COVID Toolkit](#)

ALGORITHM FOR ADMISSIONS TO LONG-TERM CARE, CONVALESCENT CARE & ASSISTED LIVING DURING COVID-19 PANDEMIC:
Admission from Community to LTC and LTC, CV, AL Inter-Facility Transfers



IMPORTANT NOTES

- 1) Admissions to and from LTC/CV/AL/IL in COVID-19 outbreak are postponed until the outbreak is over
- 2) Refer to policy to determine clients living at Intolerable Risk
- 3) The Fraser Health COVID-19 Screening Process for Long-Term Care, MHSU, Assisted Living and other Residential Settings can be found in the [LTC/AL COVID Toolkit](#)
- 4) Droplet Precautions includes isolation. See Droplet Precautions Standard Operating Procedure and Clinical Practice Guidelines in the [LTC/AL COVID Toolkit](#)

