

September 27, 2022

National Day for Truth and Reconciliation - September 30, 2022

What is happening?

- **September 30, 2022**, marks the second annual National Day for Truth and Reconciliation in Canada. The day honours the lost children and survivors of residential schools, their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of Residential Schools is a vital component of the reconciliation process.
- September 30 has also been declared as **Orange Shirt Day** annually. This day refers to the experience of [Phyllis Webstad](#), a Northern Secwepemc (Shuswap) woman from Stswecem'c Xgat'tem First Nation. You can learn more about Phyllis' story by visiting the [Orange Shirt Day website](#).
- The Aboriginal Health program is encouraging all staff to join Indigenous communities to commemorate National Day for Truth and Reconciliation and to reflect on our joint commitment to address Indigenous-specific racism and enhance Indigenous cultural safety at Fraser Health.

How can I honour the National Day for Truth and Reconciliation?

- Attend a National Indigenous Peoples Day celebration in your community. [Click here for a list of events](#) happening in the across the region and beyond.
- Contribute to the creation of a culturally-safe environment by:
 - Integrating the practice of providing a [territorial acknowledgment](#) at your next meeting or event.
 - Using the Indigenous cultural safety [Microsoft Teams background](#).
 - Updating your [e-mail signature](#) with the most recent, regional Fraser Health territorial acknowledgement.
 - Read the [National Day for Truth and Reconciliation Evidence Update](#) from Library Services.
- Learn more about Indigenous cultural safety at Fraser Health by signing up for the [Indigenous Cultural Safety 101](#) and [San'Yas](#) courses on LearningHub.
 - Register for the upcoming Indigenous Cultural Safety Speaker Series on the [LearningHub](#). On October 19th from 11:00 am – 12:00 pm, Stó:lō and Tsimpshian (Metlakatla) First Nations member Francine Douglas will speak to Fraser Health staff about Indigenous Ways of Healing and Cultural Protocols.
- Connect with a Fraser Health [Aboriginal Health Liaison](#) to find out what health and wellness resources are available for Indigenous patients and families.
- Keep up-to-date about Fraser Health Indigenous cultural safety and anti-racism work by subscribing to the [Indigenous Cultural Safety News Round-up](#).

Questions?

Please e-mail culturalsafety@fraserhealth.ca for any questions.