

Sept 29th, 2022

Sent on behalf of the Fraser Health Integrated Long-Term Care and Assisted Living Services

***NEW* Commemorate National Day for Truth and Reconciliation in your community – Sept 30th**

- September 30, 2022 marks the second annual National Day for Truth and Reconciliation in Canada.
- The day honours the lost children and Survivors of residential schools, their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.
- The Aboriginal Health program is encouraging all staff to join Indigenous communities to commemorate National Day for Truth and Reconciliation and to reflect on our joint commitment to address Indigenous-specific racism and enhance Indigenous cultural safety at Fraser Health.
- Please see attached KYI for more information.

***NEW* Long-term care video series available for all sites**

- Fraser Health's Integrated Long-Term Care and Assisted Living team has produced a video series on long-term care.
- Please see attached KYI for more detail.
- Topics covered in the videos:
 - [When is the right time for long-term care?](#)
 - [How to prepare for long-term care?](#)
 - [How to choose a long-term care home?](#)
 - [What is provided in long-term care?](#)
- We encourage you to watch, share and use these videos to inform conversations with your prospective residents and their families, and your staff about long-term care. Considering sharing them
 - On your website, at staff huddles, during employee orientation day
 - On move in day, when meeting prospective residents and their families
 - During tours, On in-site/lobby televisions screens
 - (Please note: videos do not identify specific care homes and are geographically neutral.)

***NEW* Fraser Health is providing our annual Flu school virtually this season for LTC staff**

- Invites are coming and are scheduled for **October 04, 2022 at 1:30 – 3:00 pm**
- Overview of what will be included in the session:
 - Influenza and COVID-19 review from the prior year/season
 - Gastrointestinal illness review from the prior year/season
- For more information please contact Shelly.Garcha@fraserhealth.ca or Christine.Kumar2@fraserhealth.ca

UPDATE CONTINUED ON NEXT PAGE ----->

NEW MHO Update 2022-2023 Influenza Vaccine Program- September 16, 2022

- Long Term Care and Assisted Living [Care Communities](#)~~Facilities~~:
 - Please reach out to your local public health unit or your pharmacy partner from whom you received the influenza vaccine last year.
- Co-administration of influenza and COVID-19 vaccines is safe and effective.
- Invites for the fall COVID-19 booster have begun. All Fraser Health clinics and participating pharmacies, will have the COVID-19 Moderna bivalent vaccine available for eligible clients.
- See attached MHO communication

NEW BC Patient Safety and Quality Conference - Watch Caring Unmasked

- Through the two public health emergencies (COVID-19 & Opioid Crisis), a heat dome, fires, floods and protests, people working in health care have faced an incredible amount of stress over the past few years.
- To express appreciation and to honour their experiences BC Patient Safety and Quality Council reached out to those who have been working on the front lines of health care from around the province
- Please watch and share this impactful video with your teams: [Caring Unmasked](#), many said that this film made them feel seen, acknowledged and appreciated.

NEW Good news story- Quality Improvement initiative: Pureed food at Kin Village

- Please see attached article [Reimagining long-term care, one bite at a time](#) on how an innovative way of serving pureed food is revitalizing mealtime for seniors with dysphagia.
- Part of this quality improvement approach includes the promotion of food equity – so that no matter a resident's age, health or ability, they feel valued and seen when it comes to their nutrition and meals.