

ADVANCE CARE PLANNING

OUR VISION . . .

Delivering person-centered and value-aligned care through supporting health care providers and the public in engaging in advance care planning processes.

Embedding ACP Across Systems



Are you interested in implementing Advance Care Planning (ACP) into your team's routine practice? Are you looking for an innovative and collaborative way to embed a systems approach to person(s) centred care?

Reach out to [our team](#) to learn more about how we can help individualize the use of ACP with your team.

Inside:

Page 2	Team Member Updates Integration of ACP at ARH Quick Reference Guide #1 Resource Update
Page 3	ACP LH Education links ACP Day ACP Around the World Meet your ACP team

- ❖ Our updated [ACP page](#) on FH Pulse
- ❖ [Resources for clients](#) on FH Pulse
- ❖ Find our public sessions here: [FH Events](#)
- ❖ Medical staff can access [ACP forms here](#).
- ❖ [ACP Newsletters](#)

ACP booklets for you and your patients: [My Voice in Action](#), and [Easy Read Version](#) (paper and pdf fillable). Also in [Punjabi!](#)

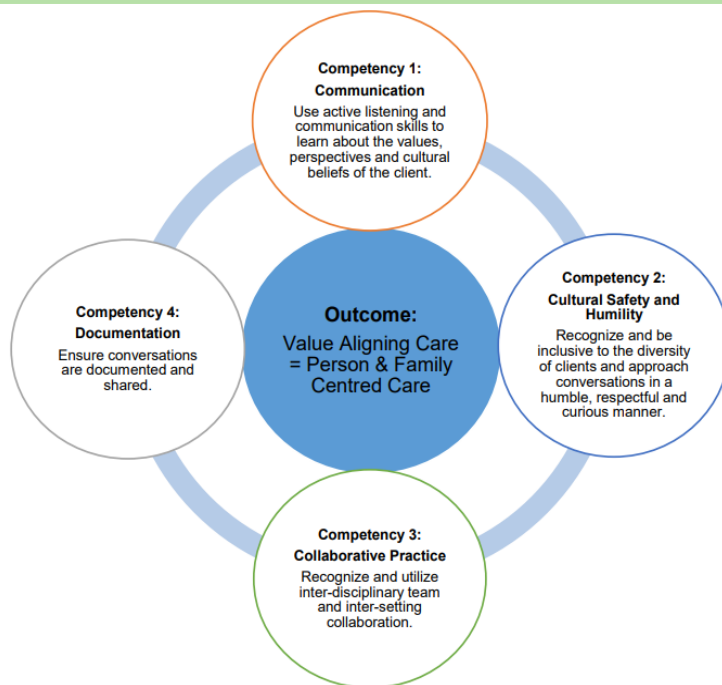
Team member updates:

Fraser North is shaking up! The FH Advance Care Planning team says farewell and best of luck to Veronica Kim and Andrew Saunderson, who are moving onto next career adventures. We welcome back Christine Delos Santos from her Maternity leave; and give a new welcome to Bryn Poschenrieder, our newest Social Worker!



Integration of ACP at ARH

The ACP East team is collaborating with ARH leaders to identify opportunities for further integration of ACP practices, processes and support. The first steps involved spending four days at ARH engaging with front line staff and leaders and observing daily rounds on all the medical units, as well as ER, HAU & CCU. The team provided a Summary Report of initial observations and considerations/recommendations to support next steps. Watch this space for further updates...



Quick Reference Guide Highlight #1 *Competency Standards*

A two-page look at how you can self-assess your ACP competency and knowledge. Includes a visual (see left) and a one-page detailed description. The Competency Standards cover the most important concepts in ACP: Communication, Cultural Safety and Humility, Collaboration and Documentation.

Resource Update:

1. Updated MOST policy and document- COMING SOON
 - a. Additionally: Planning to build a FAQ to answer key questions; and
 - b. Updating the Learning Hub MOST module to align with the policy.
2. We are now available on I-Tracker! Find us in the *Resource* drop box for consultations with complex issues involving Substitute Decision-Makers, MOST, consent, Representation Agreements, Advance Directives, Expressed Wishes, and ACP plans.

Updated Feb 2023:

We provide education for all health care providers, regardless of background (clinical or non-clinical). Check out our upcoming courses on The Learning Hub. We offer in two formats, online and in person:

Session 1:
Foundational
Concepts

Session 2:
Foundational
Skills

OR

Classroom
Option: Full day,
Foundational
Concepts and
Skills

Prerequisite

Online Modules:

1. FHA- Medical
Order for Scope of
Treatment (MOST)
2. FHA-Advance Care
Planning

ACP day

...is April 16th!

1. ACP Canada, 'If not you, who?'
2. Advance Care Planning Events across Canada

ACP Around the World

1. Toronto ICU physician Dr. Blair Bigham interviews with CBC about his book, Death Interrupted: How Modern Medicine Is Complicating the Way We Die. He discusses how life-sustaining technology is complicating end of life, and how 'preventing death isn't the same as saving lives'.
2. Fraser Health's Dr. McDermid on Surrey Tedx, Summer 2022.
3. ACP-I (international) 2023 conference is in Singapore! <https://www.acp-i.org/>
4. ACP in Northern Ireland: "ACP for now and for the future"

Meet Your Regional ACP Team:

LEAD: Cari Borenko

To request training for your team or you have questions or complex situations...

Please reach us at **1-877-825-5034**

FHAdvanceCarePlanning@fraserhealth.ca



Better health. Best in health care.

FRASER EAST:

Nicole Percival – Nurse Clinician
Sherry Faubert- Social Worker

FRASER NORTH:

Christine Delos Santos – Nurse Clinician
Bryn Poschenrieder - Social Worker

FRASER SOUTH:

Lauren Thomas - Nurse Clinician
Laura Gaspard - Social Worker

ACP MEDICAL LEAD:

Shayla Behrens