

Long-Term Care - Height and Weight DST

What's happening?

- **REVISED:** Height and Weight - Long-Term Care - Measurement - Decision Support Tool (DST)
- **NEW:** Regional Monthly Weight Worksheet - Long Term Care - Form
- **DST description:** The DST identifies the responsibilities and procedure for measurement and documentation of height and weight in Long-Term Care (LTC) to ensure timely intervention when a resident experiences a significant weight loss or gain. It applies to all Fraser Health owned-and-operated LTC for residents living in their care community for more than 30 consecutive days. The DST can provide direction and guidance to affiliated care communities.
 - **Revisions:**
 - Updated language, expanded outcomes, added policy statements, clarified procedure and documentation
 - Developed supporting tools (i.e., Significant Weight Loss/Gain Tables and Regional Monthly Weight Worksheet).
 - **Practice changes:** More timely identification of resident weight changes with additional opportunities to determine if weight changes are significant and require dietitian assessment.

Education and Webinars?

- **Choose one of the following webinar dates (virtual by Teams):**
 - May 02, 2024 1300-1400 hrs
 - May 09, 2024 1400-1500 hrs
- Calendar invitations to follow.

Questions?

- **Email – Height and Weight DST education shared work team:**
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