

Home Isolation

While Waiting For Novel Coronavirus (COVID-19) Results

Your doctor has agreed that you can stay home while you wait for results of tests for the novel coronavirus (COVID-19). You are well enough to care for yourself at home.

To prevent the possible spread of this illness, we ask you to:

**Isolate yourself at home
for at least the next 96 hours.**

To get your results, call:

Coronavirus Hotline **1-833-707-2792**

Monday to Friday, 8:30 a.m. to 4:30 p.m.

- If your results show you don't have the novel coronavirus (COVID-19), the nurse at the Hotline will explain the next steps.
- **If your results show you have the novel coronavirus**, someone from Public Health will call you within 96 hours.

How to isolate yourself

Stay at home

- Remain in your home, except when you need urgent medical care.
- Cancel appointments unless it is for an urgent medical reason.
- Do not go to work, school, or public areas (such as stores, shopping malls, restaurants, and places of worship). Your doctor may provide you with a note excusing you from work or school.
- Do not use public transportation or taxis.

Call ahead before going for medical care

- If you need to go for urgent medical care, call ahead.
- Let them know you are being tested for novel coronavirus.
- When you arrive, remind health care providers again. This helps keep other people from possibly becoming infected.

Monitor your health

- Check your temperature each day, if you have a thermometer.
 - Go to the nearest Emergency Department if:
 - You have trouble breathing.
 - You are not able to drink any fluids.
 - Your illness is getting worse.
- *Remember to call ahead and let them know are being tested for novel coronavirus.
- If you need to call 9-1-1, alert the operator that you are being tested for novel coronavirus.

Wear a facemask

- Wear a facemask when you are in the same room with other people.
- Wear a facemask if you must leave your home for urgent medical care.
- If your mask gets damp or dirty, change it.

