

HOW TO TALK TO YOUR FRIENDS ABOUT THE COVID-19 VACCINES

SO WE CAN ALL CONTRIBUTE TO COVID-19 IMMUNITY IN OUR COMMUNITIES.

You may be getting lots of questions about COVID-19 vaccines. To ensure the people in your life get reliable information, here are our top tips on what to say:

Vaccines save lives and protect our communities

COVID-19 vaccines are saving lives. Vaccines do more than protect the people getting immunized, they also protect everyone around them. The more people in a community who are immunized and protected from COVID-19, the harder it is for COVID-19 to spread.



be immunized will have that opportunity this year. It is free to get immunized for COVID-19. Instructions and information about eligibility is available at fraserhealth.ca/vaccines.

Get immunized — it's simple to book an appointment

When it's your turn to book your immunization appointment, make sure you have the info you need: your personal health number, date of birth and full name. Once you have an appointment and you arrive at the immunization clinic you will complete a check-in process with this information again. You will get your immunization and wait in an observation area for about 15 minutes. You will be notified when you are eligible to book your second dose.

COVID-19 vaccines are safe

Public health agencies around the world, like Health Canada, as well as the international medical and scientific community have concluded that the approved COVID-19 vaccines are safe. Millions of people around the world have already been safely immunized. The vaccines are much safer than being infected with COVID-19.

COVID-19 safety remains a priority

Even if you have received the COVID-19 vaccine, you must protect others by washing your hands, getting tested and staying home when sick, keeping a safe distance from others and wearing a mask in public indoor spaces.

Even though the vaccines were developed in record time — thanks to a global mobilization of resources and previous coronavirus research — they went through the same steps for approval and provided the same data to regulators as previous vaccines.

Everyone will have the chance to be immunized this year

B.C.'s COVID-19 Immunization Plan is happening in four phases. The focus at first is to protect those most vulnerable to severe illness. Specific immunization timelines may change based on vaccine availability but all British Columbians who want to

Stay informed

Get the facts about the B.C. COVID-19 Immunization Plan and vaccine safety from trusted sources like Fraser Health, the Province of British Columbia and the BCCDC.



www.fraserhealth.ca

