

Please practice Ramadan while minimizing your risk of COVID-19 by practicing Suhur and Iftar at home with only people you live with or connecting with friends and family virtually.

Remember to follow the Public Health guidelines by wearing a mask and social distancing in public spaces, washing your hands frequently for 20 seconds and staying home if you are sick.



Register for your COVID-19 vaccine as soon as you're eligible at **getvaccinated.gov.bc.ca.**

Learn more about COVID-19 at fraserhealth.ca/covid19



