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POLICY TITLE		<u>NUMBER</u>
SMOKE FREE		ТВА
AUTHORIZATION	DATE APPROVED	CURRENT VERSION
Board of Directors – Fraser Health Authority	February 2004	<u>DATE</u> October 2014

DATE(S) REVISED / REVIEWED SUMMARY

Version	Date	Comments / Changes
1.0	February 2004	Initial Policy Released
2.0	October 2007	
3.0	October 2014	Revised to include the prohibition of the use of medical marijuana and e-cigarettes in Fraser Health owned and/or operated premises, facilities, on owned or leased grounds and in corporately owned or leased vehicles.

INTENT / PURPOSE

Smoking is the number one preventable cause of death in Canada and is responsible for billions in annual avoidable health care costs. Second-hand tobacco smoke is a carcinogen and there is no safe level of exposure. Smoking bans in public places are an effective means of reducing the adverse effects of smoking on public health.

This policy is designed to:

- protect, promote and improve overall health;
- support opportunities to quit smoking and tobacco use;
- protect our employees, physicians, volunteers, vulnerable patients, clients and residents from exposure to second hand smoke;
- promote de-normalization of smoking and other uses of tobacco;
- ensure our operational policies are consistent with our approach to promotion of health in the community;
- define individual roles and responsibilities in promoting and maintaining this policy;

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• acknowledge the complexity of nicotine addiction and the resulting need for a multifaceted and consistent strategy.

POLICY

Fraser Health is a Smoke-Free Organization.

Smoking and other uses of tobacco, marijuana, and related products (including e-cigarettes) is prohibited in or on all Fraser Health owned and/or operated premises, facilities and grounds, owned or leased premises and corporately owned or leased vehicles.

Fraser Health will actively promote itself as a smoke-free organization (e.g. staff engagement, employment postings, advertisements, displays, etc.) and will not accept funding, monies or gifts in any form from a tobacco company. The sale and promotion of tobacco and related products on Fraser Health owned or a leased premise is prohibited.

This policy applies to employees, physicians, volunteers, patients, residents, clients, visitors and contractors while they are on or in Fraser Health owned or leased premises and corporately owned or leased vehicles.

DEFINITIONS

Premises	A tract of land with buildings thereon considered as property; a building or part of a building usually with its appurtenances (as grounds); house or building, together with its land and outbuildings, occupied by a business or considered in an official context, in and around buildings on an identified piece of property.
Leased Premises	All or part of a premises under a contract (a lease, a license or some other right to occupy), for a consideration (usually rent), which gives Fraser Health possession of the real property for a specified term.



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Smoke/Smoking	Inhaling, exhaling, burning, vaping, or carrying of a lighted cigarette, cigar, pipe, e-cigarette, or other lighted smoking equipment burning or vaping tobacco or any other substance.
Smoking Cessation Supports	These may include self-help resources, telephone or internet counseling or pharmacotherapy.

PROCEDURE

Supports

Fraser Health will provide a supportive social environment for all patients, employees, physicians, contractors, residents, visitors and volunteers to be smoke free. We will promote access to and awareness of smoking cessation resources. Referrals to supports will be made as appropriate to the venue and target population. Nicotine withdrawal management will be provided to inpatients to assist their adaptation to a smoke free environment.

Clear Communications

Appropriate signage communicating our status as a smoke free organization will be maintained in all facilities and promoted on social media. Requirements and expectations pursuant to this policy will be communicated to staff, visitors and patients as informed by a sustainable communication plan.

Defined Roles and Responsibilities

Sustained compliance of this policy is the responsibility of all Fraser Health employees and is supported and monitored by Fraser Health Management.

<u>Staff</u> Staff will inform persons they see smoking or using other related products on Fraser Health premises that Fraser Health is a smoke free organization. Staff will facilitate Nicotine Withdrawal Management protocol for inpatients and refer patients to assistance such as smoking cessation programs as appropriate.

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- <u>Management</u> Management will be accountable for supporting the smoke-free policy by allocating the required time and resources required for maintaining, enforcing and educating staff on this policy.
- <u>Facilities</u> Facilities are responsible for ensuring that sufficient and appropriate signage is displayed.
- <u>Security</u> Security will actively monitor the site and notify anyone found contravening this policy (on Fraser Health owned and/or operated premises, facilities and grounds) of the policy and inform them of the boundaries of our premises. Security may escort visitors who refuse to comply with the smoke-free policy from our premises. Security will maintain a time/place/number/type log of persons smoking on premises.
- <u>Housekeeping</u> Housekeeping is responsible for monitoring and reporting on the location of cigarette butts and for cleaning entranceways and patios on at least a weekly basis for the removal of cigarette butts.

REFERENCES

- Fraser Health Respectful Workplace Policy
- Section 4.81 of the Worksafe B.C. Occupational Health and Safety Regulations revised April 1 2013, as amended and/or updated from time to time
- Surrey Public Health Smoking Protection By-law 16694 section 2.1
- Tobacco Control Act and Regulation

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