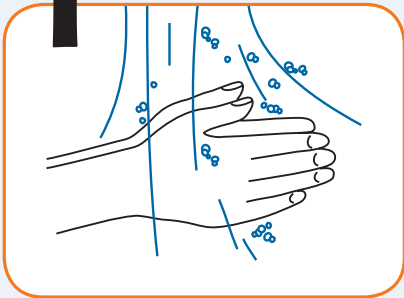


CLEAN YOUR HANDS USING SOAP AND WATER

1



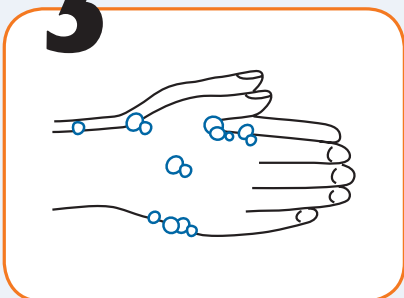
Wet hands with warm water.

2



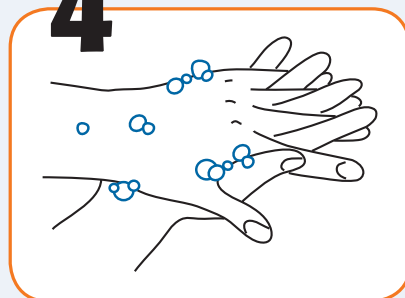
Apply soap.

3



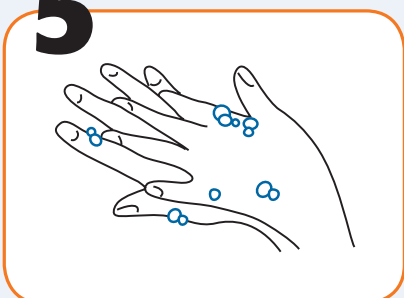
Lather soap and rub hands palm to palm.

4



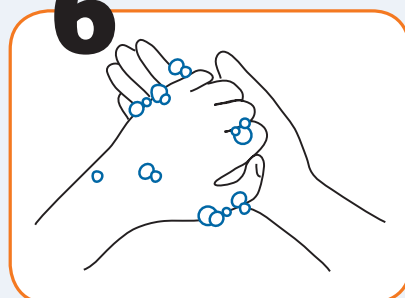
Rub in between and around fingers and wrists.

5



Rub back of each hand with palm of other hand.

6



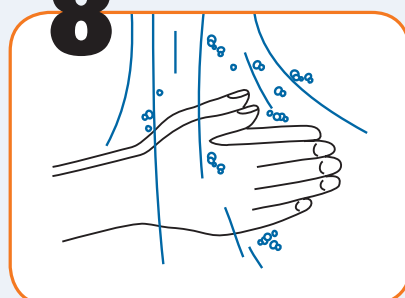
Rub nail beds of each hand in opposite palm.

7



Rub each thumb clasped in opposite hand.

8



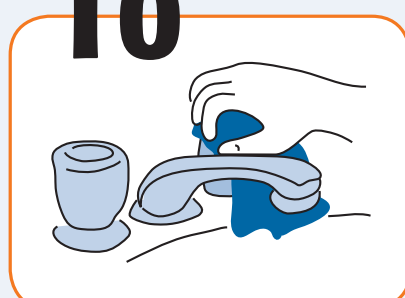
After 15 to 20 seconds rinse thoroughly under running water.

9



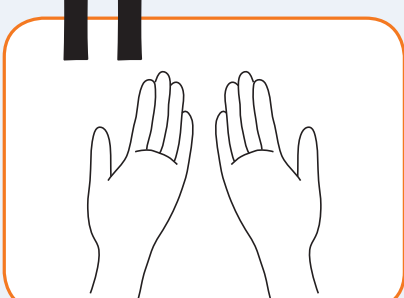
Pat hands dry with paper towel.

10



Turn off water using paper towel.

11



Your hands are now clean.

