

# Tool 15: Personal Protective Equipment

## Personal Protective Equipment

Everyone entering the room of an ill resident on Droplet Precautions must wear the following PPE when **entering a room**, giving direct care, performing environmental cleaning, delivering meal trays etc.

- Level 2 Gown
- Medical Mask
- Eye Protection
- Gloves

When completing care activity and **preparing to leave** the room of an ill resident on Precautions,

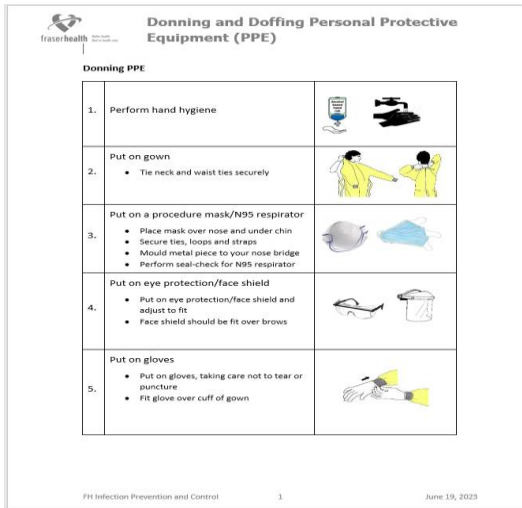
If wearing a medical mask	If wearing an N95 respirator
<ul style="list-style-type: none"> <li>• Remove and discard medical mask in the room.</li> <li>• Perform hand hygiene in the room.</li> <li>• Put on a new medical mask (if applicable) after leaving the room</li> </ul>	<ul style="list-style-type: none"> <li>• Remove and discard N95 respirator in the anteroom or hallway.</li> <li>• Perform hand hygiene in the anteroom or hallway.</li> <li>• Put on a new medical mask (if applicable) after leaving the room</li> </ul>

Posters are available at the following location which shows the Donning and Doffing process.

[www.fraserhealth.ca/donning](http://www.fraserhealth.ca/donning)






## Donning and Doffing

**Donning Personal Protective Equipment (PPE)**



**Donning and Doffing Personal Protective Equipment (PPE)**

**Donning PPE**

1.	Perform hand hygiene	
2.	Put on gown <ul style="list-style-type: none"> <li>• Tie neck and waist ties securely</li> </ul>	
3.	Put on a procedure mask/N95 respirator <ul style="list-style-type: none"> <li>• Place mask over nose and under chin</li> <li>• Secure ties, loops and straps</li> <li>• Mould metal piece to your nose bridge</li> <li>• Perform seal-check for N95 respirator</li> </ul>	
4.	Put on eye protection/face shield <ul style="list-style-type: none"> <li>• Put on eye protection/face shield and adjust to fit</li> <li>• Face shield should be fit over brows</li> </ul>	
5.	Put on gloves <ul style="list-style-type: none"> <li>• Put on gloves, taking care not to tear or puncture</li> <li>• Fit glove over cuff of gown</li> </ul>	







FH Infection Prevention and Control     3     June 19, 2023

**Poster outlines the step by step process for how to put on PPE and in what order**

# Doffing Personal Protective Equipment

**Donning and Doffing Personal Protective Equipment (PPE)**





**Doffing PPE**

1.	<b>Remove gloves</b> <ul style="list-style-type: none"> <li>Grab outside edge near the wrist and peel away, rolling the glove inside out</li> <li>Reach under the second glove and peel away</li> <li>Throw into garbage immediately</li> </ul>	
2.	<b>Perform hand hygiene</b>	
3.	<b>Remove gown</b> <ul style="list-style-type: none"> <li>Untie the neck ties</li> <li>Untie the waist ties</li> <li>Pull the gown forward using the outer contaminated side at shoulder area</li> <li>Turn inward and roll off the arms into a bundle</li> <li>Place cloth gown in linen hamper. If disposable gown is used, place it in general waste</li> </ul>	
4.	<b>Perform hand hygiene</b>	
5.	<b>Remove eye protection/face shield</b> <ul style="list-style-type: none"> <li>Make sure you only handle the back straps of the face shield. Avoid contact with front of face shield</li> <li>Discard immediately into garbage</li> <li>Make sure you only handle the sides of the goggles/glasses</li> <li>Disinfect goggles/glasses if re-usable</li> </ul>	
6.	<b>Perform Hand Hygiene</b>	

FH Infection Prevention and Control 2 June 19, 2023

**Donning and Doffing Personal Protective Equipment (PPE)**

**Doffing PPE**

7.	<b>If wearing a N95 respirator, it must be removed outside of the resident's room after closing the door</b> <ul style="list-style-type: none"> <li>Pull bottom strap over the back of your head, followed by the top strap</li> <li>Do not touch the front of the respirator</li> <li>Discard immediately into garbage</li> </ul>	
8.	<b>Perform Hand Hygiene</b>	
9.	<b>Remove procedure mask/ N95 respirator</b> <ul style="list-style-type: none"> <li>Grab only the ties/ear loops/straps</li> <li>Untie bottom tie then top tie or grasp straps or ear loops.</li> <li>Pull forward off the head, bending forward to allow mask/respirator to fall away from the face.</li> <li>Discard immediately into garbage.</li> </ul>	
10.	<b>Perform hand hygiene</b>	

FH Infection Prevention and Control 3 June 19, 2023

Posters outline the step by step process for removing PPE