## SIGNS OF AN OPIOID OVERDOSE

Learn how to spot an overdose and what to do.



**Breathing** slow or absent



Cannot be woken up or not moving



Choking or coughing, gurgling, or snoring sounds



**Dizziness** and disorientation



**Cold** or clammy skin



**Pupils** extremely small



**Discolouration** of lips and nails

## **CALL 911 IMMEDIATELY!**

Your address: \_\_\_\_\_

## THEN:



Give breaths
1 breath every
5 seconds



Use naloxone if you have it