

HOW TO RESPOND TO AN OPIOID OVERDOSE

START

Check for 1 or more of these signs of an overdose:



LIPS AND NAILS
are blue or grey

OR



BREATHING IS STOPPED
OR SLOWER THAN
EVERY 5 SECONDS

OR



STRANGE
SNORING SOUNDS
or coughing, gurgling,
or choking sounds

OR

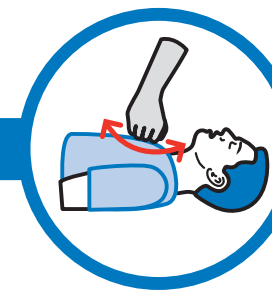


CANNOT BE WOKEN UP
after you call their name
or nudge their foot

CALL 9-1-1 RIGHT AWAY!

Overdoses are emergencies and need medical care.

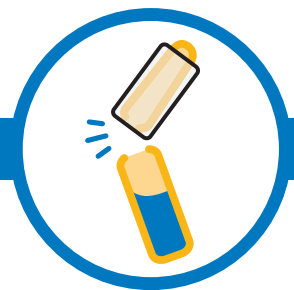
1. Tell them your location.
2. Explain how the person is not breathing and not responsive.
3. If you must leave at any point, roll the person on their side into the recovery position.



RUB YOUR KNUCKLES
HARD AGAINST
THEIR UPPER CHEST
to wake the person up.
Call their name.
Still unresponsive?
If you haven't already,
CALL 9-1-1 NOW.

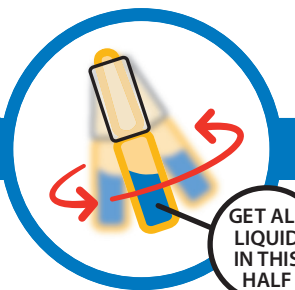


GIVE A BREATH



SNAP OFF THE TOP
OF THE AMPOULE
It will break in two pieces
with little pressure.

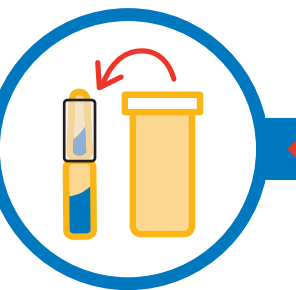
GIVE A BREATH



SWIRL AMPOULE
IN CIRCLES TO GET
ALL LIQUID TO BOTTOM

GET ALL LIQUID IN THIS HALF

GIVE A BREATH



TAKE 1 AMPOULE
OUT FROM THE
MEDICINE BOTTLE

GIVE A BREATH

Giving breath is critical.

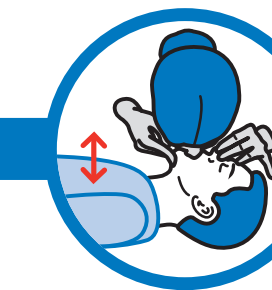
Give 1 breath
every 5 seconds
whether you have
naloxone or not.

If possible, have someone
give breaths while you
prepare the naloxone.



PERSON STILL
UNRESPONSIVE?
CONTINUE TO
NEXT STEP

Person breathing
normally? Stop here.



PINCH NOSE,
GIVE 2 BIG BREATHS
USING
FACE SHIELD FROM KIT OR
OTHER BARRIER IF NEEDED

Check to make sure the chest
rises when you give air.



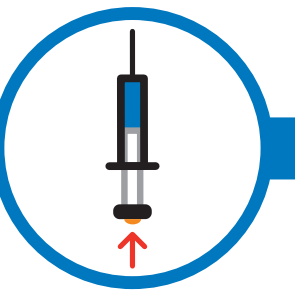
TILT HEAD BACK,
CHECK AIRWAY
Remove anything
blocking the
mouth's airway.

PLUNGER



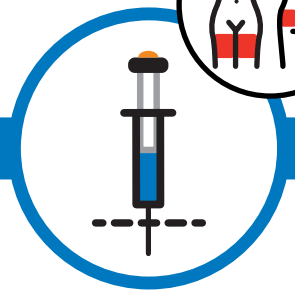
GIVE A BREATH

UNWRAP SYRINGE,
PUT NEEDLE IN LIQUID,
PULL UP PLUNGER
Try to draw up **all** of
the ampoule's liquid
into the syringe.



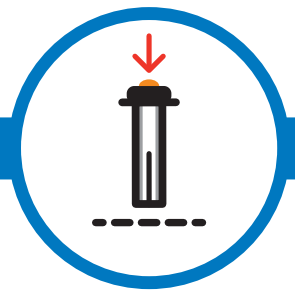
GIVE A BREATH

PUSH AIR OUT OF SYRINGE
Turn the needle facing tip-up,
gently push the plunger **until**
most of the air is pushed out.



GIVE A BREATH

FIRMLY PUSH NEEDLE IN THIGH,
BUTT, OR UPPER ARM MUSCLE
Needle can go through clothes.
Never put it in the heart.



GIVE A BREATH

PUSH PLUNGER
DOWN HARD
It will click and needle
will retract.



PERSON STILL UNRESPONSIVE
AFTER 3 - 5 MINUTES?
GIVE ANOTHER INJECTION
Continue to give 1 breath
every 5 seconds.

WHEN THEY WAKE UP

1. Explain what happened because they may have forgotten overdosing.
2. Discourage more substance use for now. The sick feeling will go away when the naloxone wears off (30 - 75 minutes).
3. Wait for the ambulance and encourage the person to go to the hospital.
4. Stay calm, now is not a good time to get upset with the person who overdosed.