

# FRASER HEALTH OVERDOSE EMERGENCY PUBLIC REPORT – OCTOBER 2018

#### WHAT'S HAPPENING

Fraser Health and its partners are working hard to reduce opioid/fentanyl-related overdoses, including the following new actions in October 2018:

- Endorsed a regional Peer Engagement Strategy.
- Hosted a two-day Mental Wellness forum attended by 150 people in partnership with First Nations Health
  Authority and the Ministry for Children and Family Development. The forum included education on
  substance use services, pain management, the residential school system and historical trauma, and a
  traditional long-house healing ceremony.
- Facilitated Overdose Dialogues in each quadrant of Burnaby, with opening remarks by the mayor.

#### **FATAL OVERDOSES**

According to the BC Coroners Service, there were 48 suspected illicit drug overdose deaths in Fraser Health in September 2018, compared with 32 in August 2018.

Table 1: Suspected illicit drug overdose deaths within Fraser Health, January 2017 to September 2018

| Community <sup>^</sup>    | Jan-Sep 2018 | Projected 2018* | 2017  | % Change (2018*<br>vs. 2017) |
|---------------------------|--------------|-----------------|-------|------------------------------|
| Abbotsford                | 29           | 39              | 52    | -26                          |
| Burnaby                   | 31           | 41              | 43    | -4                           |
| Chilliwack                | 25           | 33              | 23    | 45                           |
| Coquitlam                 | 17           | 23              | 28    | -19                          |
| Langley (City + Township) | 24           | 32              | 36    | -11                          |
| Maple Ridge               | 20           | 27              | 31    | -14                          |
| New Westminster           | 23           | 31              | 24    | 28                           |
| Surrey                    | 162          | 216             | 177   | 22                           |
| Other communities         | 48           | 64              | 67    | -4                           |
| Fraser Health             | 379          | 505             | 481   | 5                            |
| ВС                        | 1,143        | 1,524           | 1,458 | 5                            |

Data source: BC Coroners Service. Preliminary data, numbers subject to change.

# SUPERVISED CONSUMPTION AND OVERDOSE PREVENTION SITES

## **Supervised Consumption Sites**

In October 2018, there were 3,299 visits for substance use and 25 overdoses reversed at Supervised Consumption Sites. In the previous month, there were 2,958 visits and 23 overdoses reversed.

<sup>^</sup> BC Coroner assigns location based on location of injury (i.e. overdose) and if that is missing, location of death.

<sup>\*</sup> Projected based on available months in 2018.



## Fraser Health Overdose Emergency Public Report – October 2018

#### **Overdose Prevention Sites**

In October 2018, there were 4,109 visits for any reason, 3,067 visits for substance use, and 9 overdoses reversed at Overdose Prevention Sites. In the previous month, there were 4,666 visits for any reason, 3,266 visits for substance use and 4 overdoses reversed.

#### OVERDOSES ATTENDED BY BC AMBULANCE

In September 2018 there were 549 overdoses responded to by BC Ambulance Services across Fraser Health, compared to 570 in August 2018. The majority of overdoses year to date occurred among males (71%) and people aged 19 to 39 years (55%). 28% of persons declined transportation to medical services from BC Ambulance.

Table 2: Suspected overdose events attended by BC Ambulance Service within Fraser Health Region.

|                     | 2018*                    |                   |                     | 2017   |                  | Data Change                     |
|---------------------|--------------------------|-------------------|---------------------|--------|------------------|---------------------------------|
| Community           | Sep 2018<br>(12 mo avg~) | Events<br>Jan-Sep | Rate per<br>100,000 | Events | Rate per 100,000 | Rate Change<br>(2018* vs. 2017) |
| Abbotsford          | 60 (51.4)                | 477               | 532                 | 645    | 539              | -1                              |
| Agassiz-Harrison    | <5 (<5)                  | 25                | 406                 | 36     | 438              | -7                              |
| Burnaby             | 49 (45.2)                | 405               | 256                 | 568    | 269              | -5                              |
| Chilliwack          | 42 (37.8)                | 354               | 570                 | 475    | 574              | -1                              |
| City of Langley     | 23 (14.4)                | 132               | 784                 | 285    | 1,269            | -38                             |
| Coquitlam           | 23 (29.1)                | 274               | 304                 | 332    | 276              | 10                              |
| Delta               | 12 (17.4)                | 160               | 241                 | 202    | 228              | 6                               |
| Hope                | 0 (<5)                   | 29                | 593                 | 38     | 582              | 2                               |
| Maple Ridge         | 31 (27.3)                | 251               | 479                 | 407    | 583              | -18                             |
| Mission             | 29 (15.6)                | 140               | 508                 | 202    | 550              | -8                              |
| New Westminster     | 18 (24.0)                | 222               | 447                 | 297    | 449              | 0                               |
| Pitt Meadows        | <5 (<5)                  | 14                | 118                 | 57     | 360              | -67                             |
| Port Coquitlam      | 15 (12.7)                | 112               | 297                 | 169    | 336              | -12                             |
| Port Moody          | <5 (<5)                  | 39                | 183                 | 48     | 169              | 8                               |
| Surrey              | 216 (187.4)              | 1,809             | 551                 | 2,598  | 593              | -7                              |
| Township of Langley | 23 (18.1)                | 167               | 226                 | 223    | 226              | 0                               |
| White Rock          | 5 (<5)                   | 37                | 267                 | 43     | 233              | 15                              |
| Fraser Health       | 549 (496.2)              | 4,647             | 406                 | 6,625  | 434              | -6                              |

Data Source: Patient Care Record data from BC Emergency Health Services. Preliminary data, numbers subject to change.

Numbers for the most recent month are likely an underestimate and will increase as entry of BC Ambulance Patient Care Records is completed.

Counts under 5 reported as <5 as they are potentially identifiable. Restricted to those 13 years of age or older.

## ADDITIONAL INFORMATION

- For more information on Fraser Health's response to the overdose public health emergency, go to http://www.fraserhealth.ca/overdose.
- For information on the provincial response to the public health emergency, go to <a href="http://www.bccdc.ca/our-services/programs/overdose-response">http://www.bccdc.ca/our-services/programs/overdose-response</a>
- To access reports from the BC Coroners Service on illicit drug fatalities, click here.

<sup>^</sup> Community based on location where the paramedics attended to the suspected overdose event

<sup>~</sup> Average of past 12 months, including the current month.

<sup>\*</sup> Rate annualized based on available months for 2018