



Client Name: \_\_\_\_\_

Suite: \_\_\_\_\_

# BEHAVIOUR TRENDING WORKSHEET - Assisted Living

Record in 1/2 hour intervals beside corresponding time. If behaviour is observed at in-between times, enter time adjacent to closest corresponding time. AL Nurse analyzes entries to determine if there is a pattern to the behaviours. Initial at the end of the shift.

**Behaviour Key:**

- 1. Calm
- 2. Sleeping
- 3. Wandering
- 4. Agitated/Restless
- 5. Aggressive
- 6. Elopement/Wandering
- 7. Other Behaviour (describe) \_\_\_\_\_

	D/M/Y:			Initials	D/M/Y:			Initials	D/M/Y:			Initials
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# BEHAVIOUR TRENDING WORKSHEET

## Assisted Living – Guidelines for Use

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Client Name: \_\_\_\_\_

Suite: \_\_\_\_\_

**Title:** Behaviour Trending Worksheet - Assisted Living

**Purpose:** To assess and record the client's activities and behaviours every 30 minutes when 1:1 Supportive Funding is approved. Provides data to determine the client's pattern of behaviour and time the client displays these target behaviour(s) during approved 1:1 supportive funding blocks of time.

**Client Population:** Any assisted living client.

**Responsible Person:** Any member of the healthcare team can initiate and complete the behaviour trending worksheet. The nurse is responsible for analyzing worksheets and tools and documenting in progress notes every shift.

**Worksheet Placement:** Dependent on AL site preference e.g. in client's suite, client file, binder. This worksheet is not a permanent part of the client record.

### Detailed Instructions For Use:

- Initiate Behaviour Trending Worksheet whenever client behaviour needs to be observed, tracked and trended over time.
- Select a corresponding number/behaviour descriptor from the behaviour key that best describes the client's behaviour.
- Record the number in the behaviour column provided under the appropriate date, time and initials. If behaviour is observed at in-between times, enter this time in the time column adjacent to closest corresponding time.
- Update and Communicate Care Plan: Nurse to communicate care plan and any revisions to the AL Clinician as needed.

### Definitions:

**Aggression:** A term often interchanged with "violence" The term used by WorkSafe BC (2010) that applies in healthcare settings as it identifies behaviours that have potential to harm. Aggression refers to physical and/or verbal behaviours that are disruptive and/or pose threat of physical harm to self or others.

**Agitation:** Excessive motor activity with a feeling of inner tension and is characterized by a cluster of related symptoms including anxiety, irritability, motor restlessness and abnormal vocalization (Howard et al., 2001).

**Eloping:** Attempting to or leaving the unit without permission.

**Wandering:** meandering, aimless or repetitive locomotion that exposes the individual to harm; frequently incongruent with boundaries, limits, or obstacles (North American Nursing Diagnosis Association, 2009)

### Reference

Howard, R., Ballard, C., O'Brien, J., & Burns, A. (2001). Guidelines for Management of Agitation in Dementia. International Journal of Geriatric Psychiatry, 16, 714-717.

North American Nursing Diagnosis Association (2009). Wandering. In NANDA-1 nursing diagnosis: Definitions and classifications. Philadelphia: Author

P.I.E.C.E.S. Consult Group (2010). Putting the P.I.E.C.E.S.™ Together. A learning resource for providers caring for older adults with complex physical and cognitive mental health needs and behavioural changes resource guide.

WorkSafe BC (2010). Dementia: Understanding risks and preventing violence. Retrieved June 13, 2012 from [http://www.worksafebc.com/publications/health\\_and\\_safety/by\\_topic/assets/pdf/bkl25.pdf](http://www.worksafebc.com/publications/health_and_safety/by_topic/assets/pdf/bkl25.pdf)